

# ROOTS & SPROUTS

*Faith in Bloom: Growing, Thriving, Serving - Together in Christ*

**June 2022**

## Youth Outing

On June 4<sup>th</sup> our youth had a great day at Ruth Pratt's. We hiked, played games, and cooked our dinner over the open fire. There was a lot of laughter and fun had by all. Thank you, Ruth, for teaching us about the mill, the forest and plants, the water, and the land. We had a wonderful time!



### Mission

*To awaken the Christ light  
in each other  
and shine it in the world*

### Bedrock Beliefs

*Through Jesus Christ our  
Savior, we believe:  
God's Love: Unconditional  
God's Power: Miraculous  
God's Vision: Peace  
God's Grace: Forgiveness  
God's Assurance: Hope  
God's Ways: Mysterious  
God's Help Line: Prayer  
God's Promise:  
We Are Not Alone  
God's Hands: Us!*

### Core Values

*Offer friendship and  
fellowship to all  
Joyfully engage in regular  
spiritual practice  
Uphold honesty and integrity  
Reach out and serve others  
with kindness  
Care for the earth and all  
creation  
Give generously of our time  
and talent  
Seek and give forgiveness  
Embrace diversity  
Speak out for justice*

# NOTICES/UPDATES

We wish all of those with birthdays in June, July and August a most blessed birthday.

Membership Committee



Please Note: We have started to enjoy snacks after Sunday Service, we would love to have you join us.

## TIME, Talent & Treasure Auction

The Handy Bryans & Sams & Daves

### Indoor or Outdoor Help at your Home

"God gave us time, talent and treasure and asked us to share them."

We will help move your furniture, down-size, do yard work, clean or paint! Try us out!

Minimum Bid/  
Donation:  
\$10 Per hour /  
Per helper

Contact:  
Brian Hershey  
519-658-6405



## Blessing Bag Ministry

Help! Our Blessing Bags need individual packages of:

Granola/Nutrition Bars

Dad's Cookies

Raisins

Nuts

.....And other Nutritious Snacks.



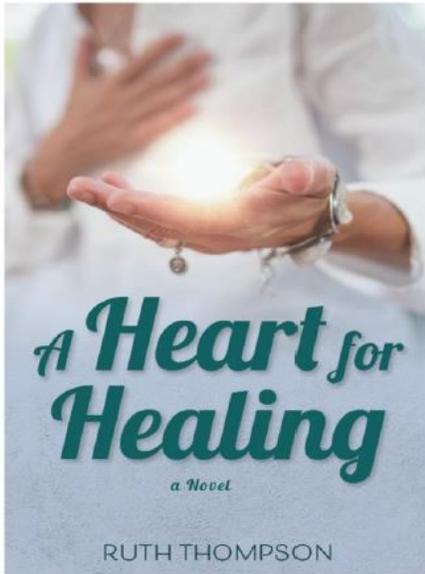
A big **THANK YOU** for all the donations to the **Blessing Bags**.

As the weather warms up, baseball caps & new socks are always a favourite. We continue to require travel-sized personal hygiene items, lip balm, conditioner, protein bars, crackers, bandages, wipes, and hand sanitizer to fill the bags.

Please take some bags and hand them out.

God Bless, bch (Brian Hershey)

## Book Launch



### Contemporary women's fiction

Complementary care  
Family life  
Holistic healing  
Medical  
Mind Body Connection  
Spirituality

**Tuesday, June 28, 2022**

7:30pm—Light refreshments

8:00pm—Ruth's remarks

⇒ Books available for purchase

⇒ \$1 per purchase goes to Trillium

Trillium United Church

In the church hall

*All welcome!*



**Pre-order your copy!**

[info@ruththompsonauthor.ca](mailto:info@ruththompsonauthor.ca)

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## Re-Opening Team Update

The current Re-Opening Team held its last meeting on May 24<sup>th</sup> and made the following decisions.

While COVID-19 continues to be a health concern, members are encouraged to take precautions for masking and distancing they deem necessary to protect their own health.

Signage on the church door now states: "Masking is encouraged but not required."

Staff or volunteers may still request masks be worn when in close proximity.

Trillium provides free Level 3 masks, available at the main entrances.



## Homemade Beef & Turkey Pies & Apple Dumplings

Our homemade pies and apple dumplings are available.

All proceeds go to the care of the church and the community.

A big thank you to all the volunteers who make these delicious goodies and those who purchase them.

Call or email the office to place your order.



### Happy Birthday Hazel

The Knotted's celebrated Hazel's 94 birthday in May. Everyone had a wonderful time.



## CHURCH POTLUCK PICNIC !

**When - July 17 - following the service**

**Where - Central Park (King & Argyle)**

**What to Bring - POTLUCK food, your own plates, cutlery and chair(s)**

**Supplied - Juice and water**

**Kids Activities - Lots of fun for everyone**



Prayer  
Request

### Call as needed:

Earlene Peshnak 519-653-1553

Sheila Matthews 519-653-1286

Joanne Sarkisian 519-653-3955

Brian Hershey 519-658-6405

Sandra Daoust 519-219-0381

Harold Matthews 519-653-1286

Doug Stuart 519-653-0514

Interested in joining our team? Call one of our members for information.

# Stone Church Books



Trillium's own bookstore, Stone Church Books, is the happy recipient of over 100 absolutely stunning art books in an estate gift from Cambridge videographer, Ingrid Talpak.

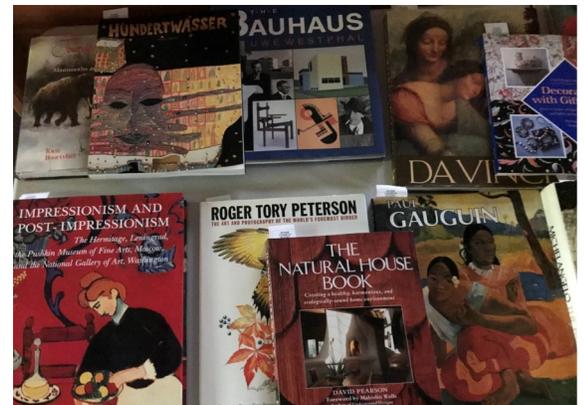
Ingrid's brother and sister-in-law passed away very suddenly in February, leaving a house filled with treasures, including over 1000 books and works of art.

When Ingrid learned that our bookstore was accepting donations of books, she contacted us and made arrangements to donate the collection in instalments.

We are blessed with such an extraordinary gift coming out of a

very sad moment in a neighbour's life. The first instalment of her family's collection is now on display in the sanctuary. Each of these wonderful volumes is priced between \$5 and \$25 and would make a wonderful house warming, wedding, or holiday gift for friends or family.

The bookstore is open to the public Sundays 12 to 3, but church members can purchase books at any time. Leave your payment in an envelope in the office. Write bookstore on the outside of the envelope and slip it under the door if the office is closed. Books can also be purchased by debit card when the office is open. Please note the bookstore will be closed long weekends across the summer: closed July 3rd and July 31st and Labour Day weekend.



Diane Boyer, volunteer bookseller



Join Us For BGC

Friday, June 10

7:30 - 11:30 pm

**\$5 Admission for UNLIMITED play**

## Trillium's Outreach Planning Project – Update

On May 15 and 17, the Outreach Planning Team presented proposals for two outreach programs: Community Wellness and Breaking Bread Ministry. On Sunday, May 15, following the worship service, thirty-eight members attended an in-person information session. Thanks to Paul Pitcher, Diane Boyer and Jayne Little for preparing a delicious ploughman's lunch.

On May 17, another nine people attended an on-line information session.

People at both sessions had the opportunity to ask questions. They were asked to complete a written survey to determine member support for the proposed programs.

The results of the Community Outreach Survey are as follows:

- \* Twenty-nine surveys were completed.
- \* There was unanimous support for both proposed outreach programs
- \* For Community Wellness, eleven people indicated they would volunteer to assist with the program, while another eight people reported "maybe."
- \* For Breaking Bread Ministry, eleven people indicated they would volunteer to assist with the program and another eleven reported "maybe."

The Outreach Planning Team assessed that there is enough member support to continue developing the two outreach programs. This will involve networking with other organizations in the community, considering logistics and feasibility for Trillium, and potential funding sources.

If you volunteered to assist with either program, you will be contacted with more information as it becomes available.

If you missed the opportunity to provide feedback on either proposed outreach program, please contact a member of the Outreach Planning Team.

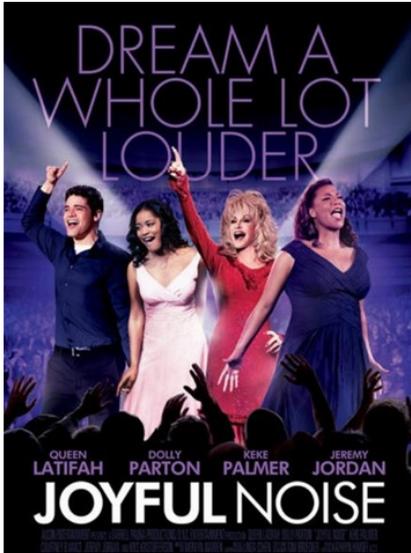
**Outreach Planning Team:** Sheila Burt, Sally White, Brian Hershey, Paul Pitcher, June Anderson (mentor), Ruth Thompson (chair).



# Adult Spiritual Growth

## Faith in Film @ Trillium

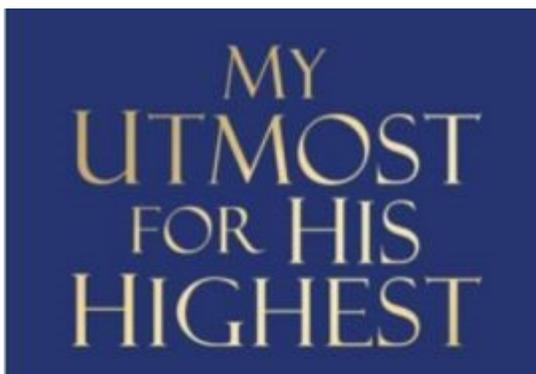
Friday, June 17, 7:00 to 9:30pm in Trillium Sanctuary



A small town choir out to win a national competition faces overwhelming odds. This is a story of faith and determination by the choir leaders and the young talent who give their all to win God's praise and win over the competition for the grand prize.

**Free! All welcome!**

**Masking encouraged but not required.**



Join us as we discuss and reflect upon the popular daily devotional, *My Utmost for His Highest*

**Thursday afternoons, 4:45pm to 5:45pm**

Please join the meeting from your computer, tablet or smartphone

<https://global.gotomeeting.com/join/695509213>

You can also dial in using your phone.

Canada: +1(647) 497-9391

Access code: 695-509-213

# 2022 Faith in Bloom Campaign



Twice a year Trillium brings out its ***Step Up Boards*** to encourage the congregation to support the Mission and Vision of Trillium. We started our 2022 *Faith in Bloom* Step Up campaign back on May 1. As of June 5, 2022 we have raised \$1634.

Remember, it is through your generous contributions that Trillium can be the *Faith in Bloom* community that we all want it to be. A faith in bloom community is one that grows, thrives and serves through the passionate love of God in Christ. We are asking everyone in the congregation to make an extra gift to Trillium above and beyond what you were already planning to give. Each tag represents the dollar amount of the extra gift; the amounts range from \$1 to \$500. The program runs to June 30 or until all the tags have been taken. Let your God-inspired instincts burst forth and support our amazing community.

*Your Generosity Team*



A big thank you to all our fabulous volunteers. Your time, energy and donations were greatly appreciated. The sale made \$1,700 plus the meat pies made \$500 and the café brought in another \$375! This was a success as everyone worked together!



# Social Concerns & Outreach

## Special Easter Offering

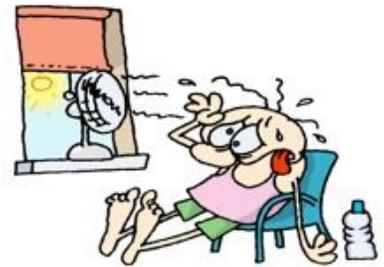


Thank you to all who were able to donate to the Special Easter Offering.

The **Outreach** portion, which was directed to the Food Bank, totalled: \$445.

The **Life and Work of Trillium** portion, which was directed to the two new furnaces, totalled: \$1665.

To date, the grand total in the furnace account is \$15,238. We have enough money to pay for both furnaces, with \$3,838 to put toward the purchase of air conditioning, which will require another \$9,157.



Submitted by SC&O Team in Consultation with Property Team



## Get To Know Sheila & Harold Matthews



I have been a member of Trillium (St. Paul's) since my family moved from Newton to Preston in 1953. I completed my secondary education at Preston High School, now Grandview P.S. It was then on to Stratford Teacher's College and a thirty six year teaching career. I was part of the Young Adults group at St. Paul's and served as President. I taught Sunday School, mostly Gr. 5-6 for eighteen years. Some of my students are still members of Trillium and take active rolls. Taking summer courses, I graduated from Western in 1967, my centennial goal.

In 1970 I married Sheila Simmons in Courtland United Church, Courtland and she became a member of Trillium. We moved to 1020 Rose St. where we have been for 52 years.

Together we have served the church in many ways. Sheila looked after the Nursery for over 25 years, is a member of Visitation, U.C.W. and was chair of membership for several years. I have been a member of Council, Chair of Christian Education and M & P.

Together we have served as Co-Presidents of LIFT (Life is Fun Together), helped with beef dinners, U.C.W. luncheons, auction sale, garage sale, knotters quilting, turkey pie and apple dumpling making.

We have two children, Natalie and Blair and five grandchildren.

It has been a pleasure to have been a part of Trillium over the years and many treasured friendships have been made.

*Are you a good cook?* S. Yes H. No  
*Do you collect anything?* S. No H. Nativity Sets  
*Do you have any phobias?* S. No H. No  
*Favourite Place to go?* Live Theatre  
*Have you ever had braces?* No  
*Have you ever lived in another country?* No  
*Have you ever won an award or trophy—what for?*  
S. No. H. Bowling  
*If you could go back in time to a specific era and place—when and where?* Newfoundland  
*If you could only eat one food for the rest of your life what would it be?* S. Turkey H. Peanut Butter  
*Is there a food you will not eat?* S. Liver H. Brussels Sprouts  
*Last gift you gave someone?* A blanket to Carter  
*Next trip you would like to take?* S. Alaska H. Hawaii  
*Tell us something about yourself no one knows.* S. wanted to learn to swim, H. Fell through the ice on a river at age 4  
*What did you have for breakfast?* Porridge  
*What is the worst injury you have ever had?* S. broken pelvis H. Automobile accident

*What sports or extra-curricular activities do you enjoy?*  
S. quilting  
*What time is your alarm clock set for?* No longer set an alarm  
*What is your favourite day of the week?* Any sunny day  
*Give me the names of three objects or things you love and why.* Photo albums, music, recording church history  
*Did you play sports in high school?* No  
*Do you floss your teeth every day?* No  
*Have you ever gone camping?* Yes  
*If you could invite any three people to dinner who would they be?* Queen, Pope, Prime Minister  
*What is your favourite kind of ice cream?* Pralines & Cream  
*Can you sing?* S. Yes H. No  
*Have you ever been to an opera?* S. No H. Yes  
*Do you prefer travel alone, with your family or friends?*  
With family & friends, not alone  
*What is your longest vacation?* S. 6 weeks to the west.  
H. 8 weeks in Europe  
*Have you ever driven across country?* Yes

# Parish Nurse Update



## Gardening and Spiritual Growth

By Carla Foote  
Disciplemaking - July, 2015

Analogies of gardening and spiritual growth abound. It is one metaphor Jesus used that is familiar in our modern experience. In the Gospel of Mark, right after the more familiar parable of the sower in Mark 4:1-20, there is a short parable about seeds:

*He also said, "This is what the Kingdom of God is like. A man scatters seed on the ground. Night and day, whether he sleeps or gets up, the seed sprouts and grows, though he does not know how. All by itself the soil produces grain—first the stalk, then the head, then the full kernel in the head. As soon as the grain is ripe, he puts the sickle to it, because the harvest has come" (Mark 4:26-29).*

The Kingdom of God is all about growth—lavish, abundant, unexpected growth. We have little control over the growth, but we are tasked with sowing seeds generously.

If you follow the instructions on a packet of seeds, you might carefully and judiciously dole out the seeds in a row. The implication from the parables is that we are to scatter spiritual seeds with abandon - expecting that we will be surprised with the increase. Certainly areas with good soil will produce higher yields, but the sower seems rather reckless with the seeds in Jesus' stories.

We are also reminded of how little control we have over the outcome of our sowing in Paul's letter to the Corinthians: "I planted the seed, Apollos watered it, but God has been making it grow" (1 Corinthians 3:6). The conclusion that we have little control over the mystery of growth doesn't mean that we have no role. We sow and water; we hope and pray. Then we give God praise for the harvest.





The parish nurse ministry has been up and running since the beginning of March 2021. The pandemic has dictated a very rigid and limited functioning of the parish nurse program here at Trillium. As we ease (hopefully!) our way out of Covid, it is an opportune time to start looking at longer term planning for the parish nurse ministry and the overall health ministry here at Trillium.

At the May Church council meeting last week, the council voted in favor of a team being established to guide Trillium's ongoing development of a health ministry.

As parish nurse, it falls to me to facilitate the formation of a 2 - 8-member team that will meet monthly. The purpose of this team will be to move the parish nurse ministry from a one-person nursing program to a team-based program with the focus on health within Trillium's congregation and possibly in time, to include the community beyond Trillium. The team will initiate and develop ideas for programs that meet the health needs of Trillium as the team interprets them. Evaluating the effectiveness of the parish nurse ministry and making changes to this ministry will be an important function of this team.

And so, I ask that you prayerfully consider if you would become a member of this team. An interest in health and wellness is all that is required. Experience in health care is a bonus! Your time commitment would be an availability to join meetings, initially, once a month, excluding July and August. The plan would be to reduce these meetings to 6 times a year once the team was up and running. Our first meeting would be planned for the last week in June and then follow up in September 2022. Your ideas and passion for health are what is needed!

Thank you for taking the time to consider this new project. I look forward to having the opportunity to answer questions and clarify the vision for this expanding ministry, so please feel free to call, text or email me.

Sally White RN Trillium's parish nurse  
Phone: 519-653-6601 x 4

### **Parish Nurse Ministry**

**Sally White RN**

**Trillium office phone number: 519-653-6601 Ext 4**

**Office hours:**

**Wednesday & Fridays 10am-12 noon**

**[trilliumparishnurse@gmail.com](mailto:trilliumparishnurse@gmail.com)**

# Heather's Hunches



## I spy with my little eye something that is blue?

Can you find the blue heron in the picture?

Summer is fast approaching, and it is flooding me with all kinds of memories and excitement of new experiences yet to explore. When I was young, we didn't have fancy iPads, phones, or computers. We didn't even have a tape deck in the car. But my siblings and I did have large imaginations. I lived in Nova Scotia for many years while I was young, and we made the trip by car to Ontario ever other summer. We needed those imaginations to keep us busy during the long drive (our Dad didn't make many stops unless it was an emergency or it was time to eat). One of the games we played was "I spy with my little eye". Not everything being searched for was easy to find and sometimes it was never found at all.

God wants us to seek and find the goodness in the world. God also wants us to be people that others seek and find when they look for God in the world. Matthew 7:7 say, "Ask, and you will receive. Search, and you will find. Knock, and the door will be opened for you."

Have a great summer! Ask! Search! Knock! God is everywhere!

Heather Margerison (Children and Youth Minister)



"A beacon is a source of light or inspiration, a lighthouse or other signal for guidance. Hope is defined as someone or something on which hopes are centered; a promise of good things to come." (*Waterloo Catholic District School Board*)

On Friday, May 20<sup>th</sup>, our wonderful Ivone Mugisha was one of 2 selected out of over 2000 students for the "Beacon of Hope" award.

Her teacher said, "Ivone is a beacon of light you are drawn to and being in her presence evokes joy, hope and positivity."

Congratulations Ivone and thank you for being a shining light in the world.

## Pastor Mark's Musings

Dear Friends,

The Johnny Depp/Amanda Heard defamation trial was in the news over the past month or so. Depp and Heard are two very famous movie actors who got married back in 2015 and then separated 14 months later. The event that caused the defamation trial was Heard's op-ed in the Washington post about domestic violence. I imagine most of you have heard something about the trial. I didn't personally invest myself much in the details so I have no opinion about the verdict (Heard was found guilty of defaming Depp.)

I did come away with two impressions, however, from what I read about the trial. First, immensely talented people can be profoundly broken people. The two are not by any means opposed to each other. Sometimes I think we presume that people who have a colossal talent in a specific area of life are also superior in many of the other facets of human development. Not so. One of my favourite movies is *Finding Neverland*. The movie portrays J.M. Barrie's relationship with the Davies family (a widowed mother with four boys.) The movie depicts how this relationship led Barrie to write the Peter Pan play. What I loved about the movie was that it showed me how a man acts at his very best. I would like to be the man represented by the Barrie character in *Finding Neverland*. Depp was brilliant in the role of J.M Barrie. He gave the role a feeling of depth and humanity. Very inspiring to watch. It is obvious from the trial that Johnny Depp is not the man he depicted in the movie. It is easy to forget that. Rather, Depp is a person struggling with addiction, anxiety and depression. In some ways, for all his success and fame, much of his life is a self consumed mess. Not a great role model.

The other impression I came away from this trial with is that people really do bring so much hope to their intimate relationships with others. Reading between the lines I got the impression that Amanda Heard and Johnny Depp had a deep hope that their marriage would lead them to a happy and fulfilled future. Their marriage would lead them to being better people. Sometimes we bring an almost messianic expectation to our relationships. But then of course, our foibles, idiosyncrasies and demons surface and the promise of

the relationship falls apart. When powerful expectations are disappointed it can lead to incredible pain and sadness. At one time there was probably the seeds of real love between the two of them. Now there is only rancour and bitterness. How sad.

Relationships, generally speaking, are hard work. It is hard to live with other people. That is true within families and within larger gatherings of people found in neighbourhoods, congregations, villages and towns. It is hard to live with other people's foibles, idiosyncrasies and demons. It is hard for people to live with ours too. I have heard many people tell me that they don't need to go to church to worship God. They tell me that they can better worship or celebrate God in nature. That might be true. Worshipping and celebrating God is only one part of the whole picture of the Christian life however. How we apply God's love in our lives with others is the much bigger issue. How do we show patience, steadfastness, compassion, mercy with others who make our time with them challenging is the real issue. You can't do that on your own. It requires intentional community. Watching a beautiful sunset go down by yourself isn't likely going to help you grow in applying the love of God in life with others. The test of love always finds its application in our relationships with others.

The Apostle Paul talked about working out our salvation with fear and trembling. What he meant, I think, is that we need to work out the love of God in our lives with real humility and care. If we don't we could end in a situation of dis-ease like Amanda Heard and Johnny Depp. It is very easy to damage or destroy the possibility of love with other people. Forgiveness is essential. And so important that we constantly return the source of all true love which is God. Something I also noticed that Heard and Depp seemed not to be doing.

Your Friend in Christ,  
Mark

## TRILLIUM UNITED CHURCH

Our Mission: *To awaken the Christ light in each other and shine it in the world!*

Pastor: Mark Rutledge  
Youth & Outreach: Heather Margerison  
Music Director: Jason White  
Office Administrator: Jo-Anne Hennig  
Bookkeeper: Mandy Townsend  
Custodian: Steve Vargas

450 King St. E., Cambridge, ON N3H 3M9  
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Bookkeeper: [trilliumfinances@gmail.com](mailto:trilliumfinances@gmail.com)  
You Tube: [youtube.com \(trilliumunitedchurch\)](https://www.youtube.com/trilliumunitedchurch)

### OFFICE HOURS:

Tuesday, Wednesday and Friday - 10 am to 3 pm

Our Vision: *Faith in Bloom: Growing, Thriving,  
Serving - Together in Christ*



## Members of Church Council

- **Chairperson:** Paul Reeve
- **Past Chair:** Jayne Little
- **Secretary:** David Webster
- **Adult Spiritual Growth:** Ruth Thompson
- **Children & Youth Ministry:** Brian Hershey
- **Financial Liaison:** Kevin Uebele
- **Generosity:** Co-Chair - Pam Noël
- **Membership:** Joan Joyce
- **Ministry & Personnel:** Chair - Pauline Demelo
- **Property:** Co-Chair - David Reed
- **Social Concerns & Outreach:** Co-Chair - Susan Balfour
- **Staff:** Pastor Mark Rutledge, Heather Margerison
- **Worship:** Diane Boyer

## Other Teams

- **Board of Trustees:** Paul Mundy
- **Children & Youth Ministry:** Interim Chair - Brenda Higgins
- **Generosity:** Co-Chair - Karen Atkinson
- **Golden Years Worship:** Earlene Peshnak
- **Marketing:** Ruth Thompson
- **Property:** Co-Chair - Steve Jennings
- **Social Concerns & Outreach:** Co-Chair - Liz Reed
- **WOW:** Doug Stuart & Bobbi Stewart
- **Visitation:** Don Martin

## ROOTS & SPROUTS

*ROOTS & SPROUTS* is produced monthly from September to June by:

Trillium United Church

450 King Street E.

Cambridge, ON N3H 3M9

Editor: Jo-Anne Hennig

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The deadline for the next issue of *ROOTS & SPROUTS* is

**August 23**

The issue will be available on September 2, 2022.