

ROOTS & SPROUTS

Faith in Bloom: Growing, Thriving, Serving - Together in Christ

Jan. 2023



December 2022

What a fabulous time was had by all at the CYMT & families Christmas party!

Our youth put on a wonderful performance on Christmas Eve.

Thank you to everyone who made these events possible!



Mission

To awaken the Christ light in each other and shine it in the world

Bedrock Beliefs

Through Jesus Christ our Savior, we believe:

God's Love: Unconditional

God's Power: Miraculous

God's Vision: Peace

God's Grace: Forgiveness

God's Assurance: Hope

God's Ways: Mysterious

God's Help Line: Prayer

God's Promise:

We Are Not Alone

God's Hands: Us!

Core Values

Offer friendship and fellowship to all

Joyfully engage in regular spiritual practice

Uphold honesty and integrity

Reach out and serve others with kindness

Care for the earth and all creation

Give generously of our time and talent

Seek and give forgiveness

Embrace diversity

Speak out for justice

NOTICES/UPDATES

We wish all of those with birthdays in January a most blessed celebration.

Membership Committee



TIME, Talent & Treasure Auction

The Handy Bryans & Sams & Daves

Indoor or Outdoor Help at your Home

"God gave us time, talent and treasure and asked us to share them."

We will help move your furniture, down-size, do yard work, clean or paint! Try us out!

Minimum Bid/ Donation: \$10 Per hour / Per helper

Contact: Brian Hershey 519-658-6405



Congratulations - Peter and Linda Klassen on this milestone Anniversary!

Did You Know?

We wanted to send a big shout out to the Handy Bryans & Sams & Daves who raised \$6370.50 in 2022 for Trillium.

Thanks to all the workers and to the congregants who hired them!



Photos of Valerie, her sister Barb and other volunteers installing smoke-less stoves in Guatemala.

For full details you can read the story on page 3.

For more information on this and other projects, please visit www.dreaminvestgrow.org



What we did on our summer vacation – submitted by The Thielkings

Well, it was actually November when Valerie and I went to Guatemala for a mission trip! We were joined by two other couples who happen to be close relatives and friends. Landing in Guatemala City, we easily passed through customs but were not greeted by our hosts, Geoff and Rita Doppenberg. A quick check of my phone indicated a message that the highway (and the only highway) between their house and Guatemala City was closed due to an accident. But, they had arranged for the local police to pick us up. Sure enough, police arrived with a pickup truck, placed the ladies in the back seat and the men with the luggage in the truck bed and drove us through the city. (It must have been quite a scene for the locals to see these "gringos" riding in the back of a police truck.) We were eventually met by Geoff at the edge of the city for the 3 hour drive to their residence in El Progreso.

This drive, while long, is through beautiful scenery of lush mountains.

Upon arrival at Geoff and Rita's address, we were shown our accommodations which consists of a large modern 3 story house (which actually seems like a castle) with all modern amenities including WIFI and a fully stocked kitchen. A view of the surrounding mountains can be seen from each bedroom balcony. The weather was moderate ranging from 27 degrees during the day to about 18 degrees at night (which is great sleeping temp.)

The following day was a rest day where we made plans for the week and made sausages and cabbage rolls for freezing and future meals.

The next day was a work day. Rise and shine at 6am (the roosters work well as an alarm clock) for a 7am meeting for our first work day. We loaded two pick-up trucks with 7 smokeless stoves, and all equipment used to install them. A total of 10 of us also piled into the trucks for the hour long 4 wheel drive trek up the mountain to a remote village. Once off the main road, we were permitted to ride in the back of the pick-up for an amazing view up the mountains. Once in the remote town, we met with one of the local leaders that directed us to which adobe huts were to have the stoves installed that day. Local children were curious as we all piled out of the trucks and collected all of the parts to install each stove.

At this point, I need to explain how and why we are doing this. In these remote villages, many without electricity or running water, the locals cook and heat over an open fire inside their mud adobe huts without a chimney. The smoke fills the rooms and escapes through gaps in the corrugated steel roof. Not really a good solution for health. The smokeless stoves we were installing are made of concrete and weigh about 280lbs before a steel cooktop is installed and a

exhaust pipe is mounted to the outside. These stoves have an internal combustion chamber that keep the smoke out of the house, as well as provide energy efficiency. One day of wood provides the equivalent energy of two weeks of wood on an open fire.

The smokeless stoves are installed on a mud pedestal that the homeowner has pre-built for the installation. The stove is placed on the pedestal, filled with sand, and a metal cook top installed. A hole is made through the wall (fairly easily punched through due to the mud construction), and an exhaust chimney is installed and mounted to the side of the house. Working at peak efficiency, with help from the locals, we could typically install a stove in about 30 minutes in each adobe hut. Locals can now cook and heat their hut (it gets cool in the mountains) using a more efficient means (saving wood) with less health effects of smoke inhalation.

The locals were always grateful and would provide fresh corn tortillas, chicken soup, and coffee for us. Keeping in mind that this may be some of the only food that these people have for the day.

We were able to do three days of trips into the mountains, installing a total of 21 smokeless stoves. Most days, we were back at our host's home by 2pm, so the rest of the day could be spent relaxing, time at the pool, or going into town to explore.

Another day, we went into other remote mountain villages to survey the needs of the people. Several villages had one room schools that had asbestos roofs that were in poor state of repair and needed replacing. This is one of the Doppenberg's next projects along with providing education, plants for food, smokeless stoves, and hope to the remote villages. Geoff explained that even just having us present, even though we didn't speak the language provided hope and evidence that we were there to help.

During the day, you are responsible for your own breakfast and lunch from the kitchen in the guest house. However, dinner is always family style in the Doppenberg's house. At the end of dinner each night, you are encouraged to share what your high and lows were of each day to help you reflect on the day's events and the difference you are making in peoples lives.

As our trip ended, it was another 3 hour drive (but it doesn't feel like 3 hours with all of the scenery) back to Guatemala City for our flight back to Canada.

I have to say, this is my 2nd (And Valerie's 3rd) trip to Guatemala and we always come back with a greater appreciation of what we have, the culture of Guatemala, and the efforts that the Doppenberg's and their supporters have made in this Central American country.

For more information on the Doppenbergs and their projects, please visit www.dreaminvestgrow.org

Interest Survey

The **Adult Spiritual Growth Team** needs to know the groups and activities you wish to see at Trillium. A survey will be circulated starting January 13 via the weekly e-News and copies available at church starting January 15.

A big thank you to our fabulous volunteers who make these delicious apple dumplings!



On Sunday, SC&O hosted a celebration for Haki to honour him as he became a Canadian Citizen this year! Congratulations Haki!

Church Library Computer

There is an old computer in the church library which is likely slow with out-of-date software. Is anyone still using this computer? If you wish to use this computer, please contact Ruth Thompson. Otherwise, the computer will be "retired."



Sifa and Jackson started painting the Peace House at 5 Oaks in October. They are returning in the Spring to finish the job. If you are looking to get your High School volunteer hours you can help with the painting. Contact Brian Hershey.

**Health and Wellness Ministry
@ Trillium**

**Blood Pressure Screening
January 29, 2023
Coffee Time**

Upper Auditorium



Trillium
Church



Exercise

Stay Active, Build Better Balance!

Join our FREE Gentle Exercise Classes



Drop in: No Registration Required
Bring Your Running Shoes and Water!
Everyone is Welcome, No Experience Necessary!

Wednesdays at 1:00 PM Starts November 30	Trillium United Church 450 King St E Cambridge	Seated class options and standing balance to reduce falls!
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Thank you for participating in our Health and Wellness survey. Your feedback allows your Health and Wellness team to better meet your needs and serve YOU!

Blessing Bag Ministry

Help! Our Blessing Bags need your continued support.



A big **THANK YOU** for all the donations to the Blessing Bags.

As we are now in the cold winter season warmer hats, gloves, scarves & new socks are needed. We continue to require travel-sized personal hygiene items, lip balm, conditioner, protein bars, individual packages of raisins, nuts or cookies along with crackers, bandages, wipes, and hand sanitizer to fill the bags. Please take some bags and hand them out. God Bless, bch (Brian Hershey)

Sifa, Ivone and Brian at Trillium in December 2022.





BEEF SUPPER

Roast Beef & Gravy
Potatoes
Vegetables, Salad
Dessert & Beverages

SATURDAY, JANUARY 28, 2023
5:30 P.M.
TICKETS:
Adults—\$25.00 // Youth (6-16) - \$15.00
Children (5 & under) - FREE

For Tickets call:
Don 519-620-2224 or Harold 519-653-1286 or
Trillium United Church 519-653-6601

Proceeds towards:
1) Church Roof Fund
2) Church Outreach
3) Children & Youth Ministry



450 King St. E., Cambridge, Ontario



Let it \$NOW

Trillium's end of year
Let it Snow campaign
for 2022 was a great success!

**We exceeded our
goal of \$19,200**

Thanks to all of you who took
a snowflake and
made a difference to the life of
Trillium United Church!



@trillium 

Join Us For BGC
Friday, January 13
7:30 - 11:30 pm

\$5 Admission for UNLIMITED play

Adult Spiritual Growth

Faith in Film @ Trillium

For movie buffs who like spiritually significant films.

Watch the film and talk about its messages in our faith journey.

Special winter times
Saturday matinee @ 2:00pm

Saturday, January 21 @ 2pm
Blue Miracle, 2021, PG

To save their cash-strapped orphanage, a guardian and his kids partner with a washed-up boat captain for a chance to win a lucrative fishing competition. Based on a true story.

FREE!!! ALL WELCOME!!!

Upcoming dates/titles:

February 18: *Son of the South*

March 18: *Mary Magdalene*



MY
UTMOST
FOR HIS
HIGHEST

Join us as we discuss and reflect upon the popular daily devotional, *My Utmost for His Highest*

Thursday afternoons, 4:45pm to 5:45pm

Please join the meeting from your computer, tablet or smartphone.

<https://meet.goto.com/120237085>

You can also dial in using your phone.

Canada: [+1 \(647\) 497-9373](tel:+16474979373)

Generosity is the quality of being kind and showing a readiness to give more of something than is strictly necessary or expected. (at least according to the Oxford Dictionary). Generosity is a mindset, a way of life, not simply about how much you can financially donate.

One of Trillium’s Core Values is to “Give generously of our time and talent”. We see many people sharing this core value often, within our congregation and within our community. From volunteering time to support events and making regular phone calls, to sharing musical talents and much more.

The Generosity Team’s purpose is to nurture the time, talents, and resources of the congregation. Towards that goal, we have asked many of the Trillium committees to share about



themselves and their ministries. Each Sunday over the next few weeks, we will have the opportunity to hear how and why these volunteers are giving generously of their time and talents to the important work of Trillium and our broader community.

God’s Hands: US!

The Trillium Generosity Team



Prayer Request 

Call as needed:
 Earlene Peshnak 519-653-1553
 Sheila Matthews 519-653-1286
 Joanne Sarkisian 519-653-3955
 Brian Hershey 519-658-6405
 Sandra Daoust 519-219-0381
 Harold Matthews 519-653-1286
 Doug Stuart 519-653-0514

Interested in joining our team? Call one of our members for information.



Cambridge Food Bank

Mobile Food Market

Fresh Produce Baskets in Your Neighbourhood Every Week!

COST \$5.00
CASH or DEBIT
Donations over \$5 allow us to keep the Market affordable for everyone

Trillium United Church
450 King Street East
Every Tuesday
5pm - 6:30pm

Beginning November 1st
Weekly basket preview on our social media

 @Cambfoodbank

Everyone Welcome

For more information contact:
Patrick 519-622-6550 ext 206
mobilefoodmarket@cambridgefoodbank.org

Mobile Food Market started again Tuesday, January 10th, 5 to 6:30. Remember \$5 buys you a lot of fresh fruit and vegetables. This is run by the Cambridge Food Bank and anyone can participate. You can pay 3 ways, \$5 for your order, \$10 to cover food bank costs or \$15 to pay it forward. Our sales went from 14 per week to 25 just before Christmas. Join in the benefits.

The Mobile Food Market is at Trillium every Tuesday from 5:00-6:30pm. We look forward to seeing you there.

The Knotters enjoyed their lunches after a busy morning of sewing! Trillium volunteers are vital to the community so thank you all!



Community Support Connections

In Person Monthly Caregiver Support Session

Trillium United Church
450 King St East
Cambridge
Come in the side door

To register please contact
Linda Fleming
519-503-8155 or
lindaf@cscmow.org

FIRST TUESDAY OF THE MONTH FROM 1 PM - 3 PM

Share caregiver challenges and joys. Learn about self care and much more



Community Wellness Project

Trillium has received a \$16,000 Growth Grant from the United Church of Canada's *Embracing the Spirit* to support the *Community Wellness Project*. Trillium Church Council has also pledged some financial support for the project from the Seniors' Fund.

Community Wellness is a one-year project to extend parish nursing services to our community to benefit adults with health challenges who lack family support, are income insecure, or have cultural / language barriers. This project will continue to offer holistic health support to Trillium members while representing significant outreach to our community. The start date for *Community Wellness* is slated for early February. Full programming details will be announced at a project launch event—date to be announced.

The idea for *Community Wellness* was generated by Trillium's *Outreach Planning Project* with considerable support from the congregation and local service agencies. All Trillium members who responded to a survey in spring 2022 were in favour of the project. Twenty-three members have volunteered to assist with project events. Letters of support came from Cambridge Food Bank, Community Support Connections, St. John's Anglican Church, and the Cambridge Council on Aging.

The United Church's *Embracing the Spirit* is a new learning network and innovation fund. It aims to spur innovation, pilot new programs, support successful initiatives, create a learning network for faith communities, and support both new and renewing faith communities across the United Church of Canada. *Embracing the Spirit* is funded by Mission and Service givings.

Trillium's Health and Wellness Team will direct the Community Wellness project, which involves pursuing other grants to ensure the project is funded for a full year. Results of a grant application to the City of Cambridge are pending in March.

Members of Health and Wellness Team:

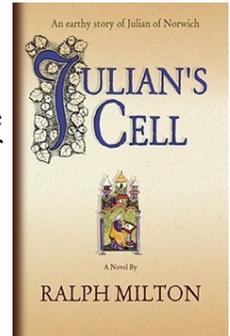
Sally White, parish nurse; Brian Hershey, Joanne Sarkisian, Naomi Ferguson, Linda Pitcher, Ruth Thompson



Parish Nurse Update

What did you do during times of relaxing over the Christmas and New Year period? Any reading? I had the pleasure of finding a book in the church library to keep me busy.

This is the story of the life of Julian of Norwich who lived over 600 years ago. Norwich is a cathedral city just over 180 km north east of London. In the 1300's Julian of Norwich wrote what is now regarded as one of the greatest works of literature in English and reputed to be the first book written in English by a woman. What was most remarkable is that she taught herself to read and write first in Latin and then in the English of the time. Remember that literacy was reserved almost entirely for the clergy and the wealthy at this time. Based on a sequence of mystical visions she received in 1373, her book is called *Revelations of Divine Love*. Julian lived through an age of political and religious turmoil, as well as through the misery of the Black Death. She lost her husband and two children as well as her father and two brothers to the bubonic plague. Her writing engages with timeless questions about life, love and the meaning of suffering.



Julian's Cell is a fictional account of the life of Julian leading up to and after she became an anchoress. Julian became an anchoress in her thirties and adopted a life of complete seclusion. Female anchoresses and male anchorites were lay people belonging to the Roman Catholic church who adopted a life completely devoted to prayer, contemplation and faith. They served the local community by offering a listening ear and prayer for all who sought their counsel. Anchoresses were declared dead to the world and last rites were performed prior to their entry in to their cell which they were to never leave, a single room that was to become their home for the rest of their lives. Commonly this cell was attached to a church or cathedral. The cell had 3 windows typically covered with curtains. One connected by a tunnel to the church so that mass could be heard by the anchoress. The second allowed communication with an ante room where a maid or attendant slept and prepared food. The third window allowed members of the public to speak with and ask for counsel from the anchoress. They were financially supported by the community and were served by the attendant who brought food and other necessities and disposed of the contents of a bucket that served as a latrine.

I had to remind myself that *Julian's Cell* is a work of fiction and the author Ralph Milton (who lives in Kelowna, BC) is married to a retired United Church minister. I found myself getting quite swept up in the day-to-day life described in the book.

I can recommend *Julian's Cell*. It is a thought-provoking read that leads one to admire the depth of faith of a woman in the 14th century and begs the question 'How deep is my life of faith in the 21st century?'

In Julian's book *Revelations of Divine Love*, she writes of her 16 personal visions. During the 13th vision she claims to have been visited by Jesus. Julian writes: "But Jesus, who in this vision informed me of all that is needed by me, answered with these words and said: 'It was necessary that there should be sin; but **all shall be well, and all shall be well, and all manner of thing shall be well.**'"

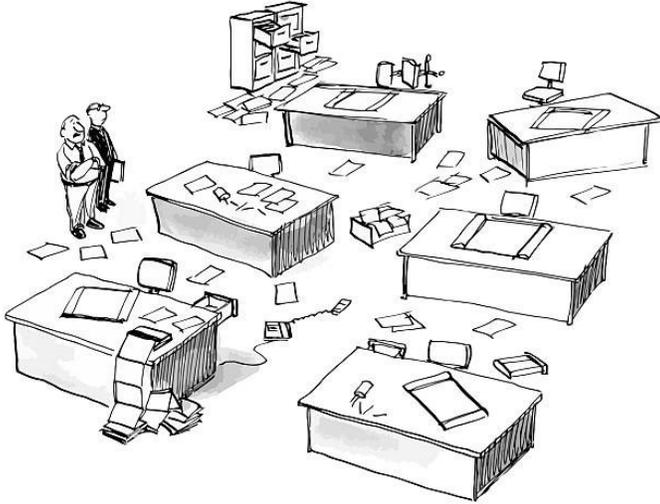
As I read this quote from Mother Julian, I think of the peace promised in Paul's letter to the Philippians (Philippians 4:6-7):

⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Sally White, Parish Nurse

Trillium Parish Nurse
Confidential phone number: 519-653-6601 ext 4
Email: trilliumparishnurse@gmail.com
Please call for an appointment

Heather's Hunches



“Sometimes change can get a little messy.”

Over the last couple of days I have laughed at myself for continuously correcting the date on my reports, agendas, and letters. Change, it's all around us. We have a new year on the calendar, we will all add another year to our ages, some of us will grow taller, and (said with a giggle) some will get shorter. Change is inevitable.

In the beginning God created change. There was darkness and then there was light. Then God created the sky, the water, and dry land. The changes continued. God created plants, the sun, moon, and stars. Next came the animals and finally people to be the guardians over everything.

Well as you know, people have not always been the best guardians of God's creation. Luckily for us, God created “change” and because of this we can adjust what we are not doing well or do more of what we do to make the world a better place. We get to change! I have a love hate relationship with the beginning of a new year. On one hand I love thinking of all the wonderful possibilities the year will have, the house getting back to “normal” after all the Christmas decorations are put away, and the empty pages of my day planner waiting to be filled. Change is wonderful! On the other hand, I feel a bit empty without all the twinkly lights and beautiful decorations. Then there is the envisioning of new ideas and the planning for the traditional events. Change can be hard!

Our saving grace is that God is with us in the “change”. Go ahead make a change. Do something a little

different, try a new skill, wear a colour you've been a little shy to put on, write a poem, change your hairstyle, stand up for a cause, or plant the seeds of hope. Whatever you do, know that you are not alone, God is with you.

“The little troubles we suffer now for a short time are making us ready for the great things God is going to give us forever. We do not look at the things that can be seen. We look at the things that cannot be seen. The things that can be seen will come to an end. But the things that cannot be seen will last forever.” 2 Corinthians 4:17-18

Heather Margerison (children and youth pastor)

This following song was a favourite of mine as a teen. The words speak to me still today. It reminds me that we change in the most miraculous ways when we walk with God day by day!



He's Everything to Me

In the stars His handiwork I see,
On the wind He speaks with majesty,
Though He ruleth over land and sea,
What is that to me?
I will celebrate Nativity,
For it has a place in history,
Sure, He came to set His people free,
What is that to me?

Till by faith I met Him face to face,
And I felt the wonder of His grace,
Then I knew that He was more than just a
God who didn't care,
That lived a way out there and

Now He walks beside me day by day,
Ever watching o'er me lest I stray,
Helping me to find that narrow way,
He's Everything to me.

Songwriters: Ralph Carmichael

He's Everything to Me Lyrics © Bud-john Songs Inc.

Pastor Mark's Musings

Dear Friends,

I had never heard of Damar Hamlin until a week or so ago. You have probably never heard about him too unless you are a big NFL fan or a big Buffalo Bills' fan. Hamlin is a 24 year old defensive safety who plays for the Buffalo Bills. Early, in a game against the Cincinnati Bengals back on Monday Night Football on January 2, 2023, Hamlin had a heart attack. Of course, at the time, no one was exactly certain what had happened to him. Hamlin had made a tackle but then collapsed.

What happened next was quite remarkable. The game stopped. Players and coaches from both sides came together in great concern. There was spontaneous prayer for Hamlin at the Bills/Bengal game. It seemed quickly that everyone understood the seriousness of the moment and recognized that Hamlin's life was on the line. After Hamlin was rushed to hospital the game was postponed. No one it seemed wanted to continue to play in light of someone suffering a possibly life ending injury and the game was first postponed and then cancelled (something almost unheard of in professional sports.)

In the next few days we learned that Damar Hamlin had had a heart attack and had nearly died on the playing field. His situation in intensive care was grave and there were calls from family and friends for prayer. It seemed that a whole nation rallied to this call for prayer. Prayer came from a multitude of corners for Hamlin as he lay unconscious in his hospital room. At next week's NFL games all over the US, players from opposing teams gathered together during the pre game warmups at the centre of field before tens of thousands of people and prayed together for Hamlin. As an article in the Wall Street Journal recently suggested, Damar Hamlin drove a nation to pray.

It is interesting how close to the surface prayer can be. I was watching a documentary on D-Day in which one of the crew of the landing craft that was carrying the soldiers to the Normandy beach was talking about the moment right before the doors went down and the men ran out. There was machine gun fire and shells going off all around them. He looked down at all thirty five men and everyone of them was on their knees praying. He said there were no atheists in his boat that day.

Prayer is the ancient activity of speaking to God with the belief that God can hear us and respond. Prayer is both God being able to hear us and God being able to respond to us.

Do you believe this? That God hears our cries for help, mercy and forgiveness and can respond in time to our need for such. A lot of people, a lot of the time, don't really think about God. But then something happens, like an accident or a tragedy or some great peril and we almost instinctively turn to the practice of prayer. We speak to God with the hope and expectation that God hears us and can respond to us. At the very least, whatever it means to be human, prayer is very much a part of it.

Sometimes our culture seems very godless. The artifacts of religion seem to be on the decline. Church attendance is down. Church affiliation is down. Biblical literacy is down. And then something remarkable happens like a football player collapsing on a field during a game and a whole people gets woken up to the reality and power of prayer.

Thankfully Damar Hamlin was released from hospital recently. He was expressing great appreciation for all the people who prayed for him during his health crisis. He said, "When you put real love out into the world it comes back to you 3x's as much. The love has been overwhelming, but I'm thankful for every single person that prayed for me and reached out. We brung the world back together behind this. If you know me you know this only gonna make me stronger. On a long road. Keep praying for me!"

Intercessory prayer, prayer that is bringing people before God in their need is our top number one priority as Christians. It is more important than anything else we can do as followers of Jesus. Every member of Trillium should be engaged in daily practice of intercessory prayer for others. Daily practice means every day. It doesn't have to be long winded. Probably a few minutes every day is sufficient. Somehow we open up God's landscape to move with our prayers. Our prayers for others gives God the kind of freedom to bring about situations that otherwise would never happen on their own. Our prayers make a difference.

Yours in Christ,

Mark

TRILLIUM UNITED CHURCH

Our Mission: *To awaken the Christ light in each other and shine it in the world!*

Pastor: Mark Rutledge
Youth & Outreach: Heather Margerison
Parish Nurse: Sally White
Office Administrator: Jo-Anne Hennig
Bookkeeper: Mandy Townsend
Custodian: Steve Vargas

450 King St. E., Cambridge, ON N3H 3M9
Telephone: 519-653-6601

Web: trilliumchurch.ca

Email: office@trilliumchurch.ca

Bookkeeper: trilliumfinances@gmail.com

You Tube: [youtube.com \(trilliumunitedchurch\)](https://www.youtube.com/trilliumunitedchurch)

OFFICE HOURS:

Tuesday, Wednesday and Friday - 10 am to 3 pm

Our Vision: *Faith in Bloom: Growing, Thriving,
Serving - Together in Christ*



Members of Church Council

- **Chairperson:** Paul Reeve
- **Secretary:** David Webster
- **Adult Spiritual Growth:** Ruth Thompson
- **Children & Youth Ministry:** Brian Hershey
- **Financial Liaison:** Kevin Uebele
- **Generosity:** Co-Chair - Pam Noël
- **Ministry & Personnel:** Chair - Pauline Duchesne (Demelo)
- **Property:** Co-Chair - David Reed
- **Social Concerns & Outreach:** Co-Chair - Susan Balfour
- **Staff:** Pastor Mark Rutledge, Heather Margerison

Other Teams

- **Board of Trustees:** Paul Mundy
- **Children & Youth Ministry:** Interim Chair - Brenda Higgins
- **Generosity:** Co-Chair - Karen Atkinson
- **Golden Years Worship:** Earlene Peshnak
- **Health & Wellness Team:** Interim Chair - Sally White
- **Marketing:** Ruth Thompson
- **Membership:** Joan Joyce
- **Property:** Co-Chair - Steve Jennings
- **Social Concerns & Outreach:** Co-Chair - Liz Reed
- **WOW:** Doug Stuart & Bobbi Stewart
- **Visitation:** Don Martin

ROOTS & SPROUTS

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Trillium United Church

450 King Street E.

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Editor: Jo-Anne Hennig

Send articles to: office@trilliumchurch.ca

The deadline for the next issue of *ROOTS & SPROUTS* is

January 26

The issue will be available on February 3, 2023.