

# ROOTS & SPROUTS

*Faith in Bloom: Growing, Thriving, Serving - Together in Christ*

**February 2023**



A big **Thank You** to our volunteers who put together a fabulous **SOLD OUT** Beef Dinner on Saturday, January 28!

All proceeds from this event go towards the Church Roof Fund, Church Outreach and Children & Youth Ministry.



**Are you between 20 and 35 and wondering, “where do I fit in”? We are starting a NEW group just for you!**

Watch for meeting dates in the eNews.

For more information contact Heather at [heathermargerisontrillium@gmail.com](mailto:heathermargerisontrillium@gmail.com) or call (519) 653-6601 Ext. 3.



## **Mission**

*To awaken the Christ light in each other and shine it in the world*

## **Bedrock Beliefs**

*Through Jesus Christ our Savior, we believe:*

*God's Love: Unconditional*

*God's Power: Miraculous*

*God's Vision: Peace*

*God's Grace: Forgiveness*

*God's Assurance: Hope*

*God's Ways: Mysterious*

*God's Help Line: Prayer*

*God's Promise:*

*We Are Not Alone*

*God's Hands: Us!*

## **Core Values**

*Offer friendship and fellowship to all*

*Joyfully engage in regular spiritual practice*

*Uphold honesty and integrity*

*Reach out and serve others with kindness*

*Care for the earth and all creation*

*Give generously of our time and talent*

*Seek and give forgiveness*

*Embrace diversity*

*Speak out for justice*

# NOTICES/UPDATES

We wish all of those with birthdays in February a most blessed celebration.

Membership Committee



## TIME, Talent & Treasure Auction

The Handy Bryans & Sams & Daves

### Indoor or Outdoor Help at your Home

"God gave us time, talent and treasure and asked us to share them."

We will help move your furniture, down-size, do yard work, clean or paint! Try us out!

Minimum Bid/ Donation:  
\$10 Per hour / Per helper

Contact:  
Brian Hershey  
519-658-6405



## News from the Cookie Jar

### FINANCIAL TIDBITS



Remember back in the day when people kept their money for big expenses in a cookie jar? Trillium has a Cookie Jar. It is called the Futures Investment Fund. This Fund came into being when St. Andrew's, Zion, and St. Paul's United churches merged into Trillium United Church.

With your continued generous financial support for our everyday expenses, Trillium's big expenses can be covered by the interest earned in the Cookie Jar.

Save the Cookies for the future of Trillium.

Any questions/comments: Kevin Uebele, Finance Chair [kevinuebele63@gmail.com](mailto:kevinuebele63@gmail.com)

## ANNUAL MEETING & Potluck Lunch

Join us in the upper auditorium on February 26 following the worship service.



# Blend 'G' Project



**This gathering of people closes the gap between generations. It creates new friendships and genuine conversations.**

**Save the Date:**

**Our first event for Blend 'G' will be on Wednesday, March 15, 6-9:00 for dinner and a movie.**

**Other proposed dates: April 22nd, May 28th, and June 28th**



## “Time Out Together!”

This “NEW” group at Trillium is intended for parents and their young children (infants, toddlers, and preschoolers) to have a “Time Out Together”.

**When:** Every Tuesday morning beginning February 14, 9:30-11:30am  
**What:** Have a coffee or tea, talk with other adults, take part in fun play-based activities that support your child's learning.

**Contact person:** Heather Margerison  
(519) 653-6601 ext. 3

THANK YOU - The Beef Supper was a Sold Out Event! All our volunteers featured in the Roots & Sprouts as well as those who aren't in the photos are rock stars! You put a wonderful evening together for everyone who attended.



**Community Wellness** is a one-year project to extend parish nursing services and supports to our community to benefit adults with health challenges. This project will continue to offer holistic health support to Trillium members while representing significant outreach to our community. The start date for *Community Wellness* is February 1st.



Trillium's Health and Wellness Team will direct the Community Wellness project. Besides one-to-one support from our Parish Nurse, the team will organize several Personal Care Clinics offering services like foot care and haircuts at affordable rates and Information Events on health and safety issues. Planning is underway for a session on Internet/Email/Phone Scams.

Many thanks to the Trillium members who have volunteered to help with project events and assist with translation if needed.

Currently, the project is funded by a grant from *Embracing the Spirit*, a United Church of Canada program to support churches in innovative ministries, and by the Trillium Seniors Fund. To fully fund the project, other grants applications are in process.

**Members of Health and Wellness Team:**

Sally White, parish nurse; Brian Hershey, Joanne Sarkisian, Naomi Ferguson, Linda Pitcher, Ruth Thompson



**Stone Church Bookstore**

**February Book Lovers Sale - February 12<sup>th</sup> from noon until 2pm**

**Trillium United Church – Preston - Cambridge**

We invite all book lovers to our February book sale.

We have many books by authors such as Jackie Collins, Jodi Picoult, Mary Higgins Clark and Danielle Steel to get your heart racing.

As well we have an abundance of books by famous authors - John Grisham, John Le Carre and Janet Evanovich. We are offering these at a special price.

A hard cover book for \$2.00 plus you will receive 1 free book by the same author. Buy 12 paperback books by the same author for \$10 or 5 books for

\$5.00 and receive another book by the same author for free.

There are many popular Canadian authors as well as some Giller Prize winning books for sale.

Prices range from \$1.00 to \$2.00 for all of our fiction books. Children's books are on sale for 50 cents to \$1.00.

We are open at 12 noon until 2pm on Sunday February 12<sup>th</sup>.

Come and see all the book deals we can offer. We hope to see you there.





Exercise

### Stay Active, Build Better Balance!

Join our FREE Gentle Exercise Classes



Drop in: No Registration Required  
Bring Your Running Shoes and Water!  
Everyone is Welcome, No Experience Necessary!

Wednesdays at 1:00 PM Starts November 30	Trillium United Church 450 King St E Cambridge	Seated class options and standing balance to reduce falls!
--	--	--



Two Friends,  
Two Teams  
(Adrian and Dan)

Heather enjoyed watching the guys play basketball against each other at Preston High School recently.

## Blessing Bag Ministry

Help! Our Blessing Bags need your continued support.



A big **THANK YOU** for all the donations to the Blessing Bags.

**As we are now in the cold winter season warmer hats, gloves, scarves & new socks are needed.** We continue to require travel-sized personal hygiene items, lip balm, conditioner, protein bars, individual packages of raisins, nuts or cookies along with crackers, bandages, wipes, and hand sanitizer to fill the bags. Please take some bags and hand them out. God Bless, bch (Brian Hershey)

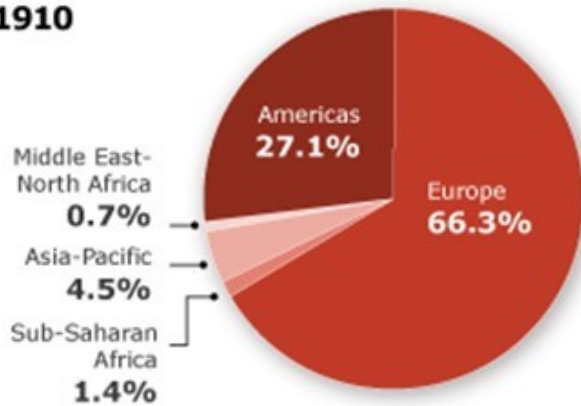


January F.R.O.G. games and Puppet workshop.

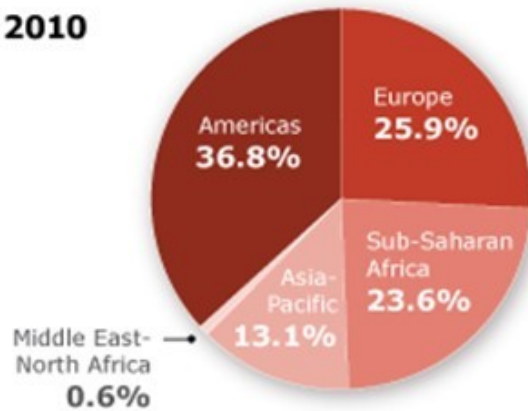
# Christianity in the World

## Regional Distribution of Christians

1910



2010



## Christian Population by Global North/Global South, 2010

	ESTIMATED 2010 CHRISTIAN POPULATION	TOTAL WORLD POPULATION	PERCENTAGE OF POPULATION THAT IS CHRISTIAN	PERCENTAGE OF WORLD CHRISTIAN POPULATION
Global North	856,360,000	1,240,250,000	69.0%	39.2%
Global South	1,327,700,000	5,655,640,000	23.5	60.8
<b>World Total</b>	<b>2,184,060,000</b>	<b>6,895,890,000</b>	<b>31.7</b>	<b>100.0</b>

Source: World population estimates, United Nations. For the purposes of this report, the Global North is comprised of North America, Europe, Australia, Japan and New Zealand. The rest of the world is considered the Global South. Population estimates are rounded to the ten thousands. Percentages are calculated from unrounded numbers. Figures may not add exactly due to rounding.

Pew Research Center's Forum on Religion & Public Life • *Global Christianity*, December 2011

Christianity today is truly a world wide religion encompassing a wide range of cultures and ethnicities. To this Trillium says, Hallelujah!





**Beef Dinner Volunteers - Thank You!**



Game photos at PHS.  
Ben warming up for the Senior Game.



## Pancake Tuesday Supper



**Tuesday, February 21, 2023**

**5:30—7:00 pm**

**Pancakes (including gluten free),  
Sausage and dessert.**

**Free will Offering! (Pay what you can)**

**Proceeds go to the Children & Youth  
Ministry Outreach**

**450 King St. E., Cambridge, Ontario**



**@trillium**

**Join Us For BGC**

**Friday, February 10**

**7:30 - 11:30 pm**

**\$5 Admission for UNLIMITED play**

# Adult Spiritual Growth

## Faith in Film @ Trillium

For movie buffs who like spiritually significant films.

Watch the film and talk about its messages in our faith journey.

Special winter times  
Saturday matinee @ 2:00pm

**Saturday, February 18 @ 2pm**

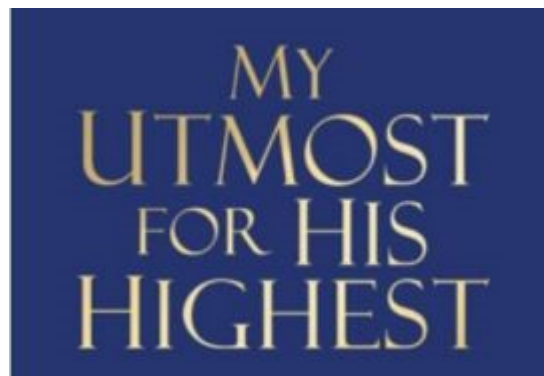
**Feature: *Son of the South, 2020,***

The true story of one young white Southerner in the Summer of 1961, caught in a place and time where he had to choose which side he was on.

**FREE!!! ALL WELCOME!!!**

**Upcoming dates/titles:**

March 18: *Mary Magdalene*



Join us as we discuss and reflect upon the popular daily devotional, *My Utmost for His Highest*

**Thursday afternoons, 4:45pm to 5:45pm**

Please join the meeting from your computer, tablet or smartphone.

<https://meet.goto.com/120237085>

You can also dial in using your phone.

Canada: [+1 \(647\) 497-9373](tel:+16474979373)



Here at Trillium, we strive to think of Generosity as being more than just about raising money. We like to share that Generosity is about being generous with our time, our talents, as well as our treasures.

Over the last few Sundays, some of Trillium's teams have shared about themselves and their ministries. We look forward to hearing from more teams over the next few Sundays.

Talents are special, natural abilities that we each have. Most of us have many natural abilities that we aren't even aware of. We don't recognize these as "gifts" simply because they are so natural for us and we don't consider that others may not have these same abilities. We, as humans, are naturally hardwired to focus on overcoming our weaknesses, so much so, that we forget to consider our strengths.

Acknowledging and expressing appreciation for someone's strengths and talents will help each of us to understand and



GROWING IN GENEROSITY  
ROOTED IN FAITH

share our talents with each other and ourselves.

Each morning, ask the Lord for opportunities to share your unique gifts and talents to benefit and enhance the lives of other people throughout the day. You may be surprised at the hidden talents you discover within yourself.

***The Trillium Generosity Team***



*Prayer Request* 

**Call as needed:**  
 Earlene Peshnak 519-653-1553  
 Sheila Matthews 519-653-1286  
 Joanne Sarkisian 519-653-3955  
 Brian Hershey 519-658-6405  
 Sandra Daoust 519-219-0381  
 Harold Matthews 519-653-1286  
 Doug Stuart 519-653-0514

**Church Library Computer**  
 There is an old computer in the church library which is likely slow with out-of-date software. Is anyone still using this computer? If you wish to use this computer, please contact Ruth Thompson. Otherwise, the computer will be "retired."

**Interested in joining our team? Call one of our members for information.**



**Mobile Food Market**

**Fresh Produce Baskets in Your Neighbourhood Every Week!**

Subsidized Rate \$5.00  
**CASH or TAP to Pay**  
Donations over \$10 allow us to keep the Market affordable for everyone

**Trillium United Church  
450 King Street East  
Every Tuesday  
5pm- 6:30pm**

Weekly basket preview on our social media

    @Cambfoodbank

**Everyone Welcome**

For more information contact:  
Patrick 519-622-6550 ext 206  
mobilefoodmarket@cambridgefoodbank.org

Mobile Food Market run every Tuesday, 5pm to 6:30pm. Remember \$5 buys you a lot of fresh fruit and vegetables. This is run by the Cambridge Food Bank and anyone can participate. You can pay 3 ways, \$5 for your order, \$10 to cover food bank costs or \$15 to pay it forward.

We have approximately 50 people coming these days to purchase delicious food! Join in the benefits.

The Mobile Food Market is at Trillium every Tuesday from 5:00-6:30pm. We look forward to seeing you there.



**In Person Monthly Caregiver Support Session**

Trillium United Church  
450 King St East  
Cambridge  
Come in the side door

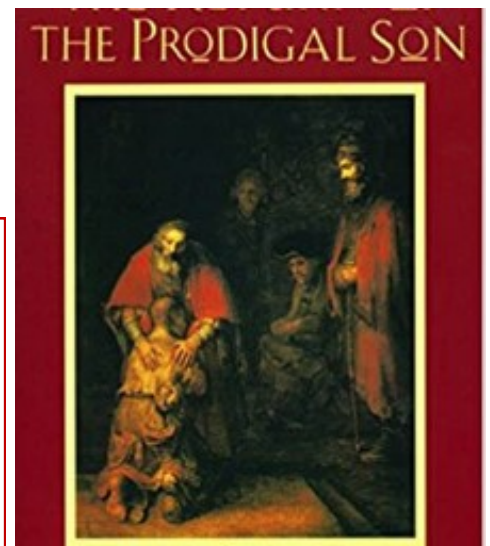
To register please contact  
Linda Flemming  
519-503-8155 or  
lindaf@cscmow.org

**FIRST TUESDAY  
OF THE MONTH  
FROM  
1 PM - 3 PM**

Share caregiver challenges and joys. Learn about self care and much more



**Please join us for a Lenten Study written by Henri J.M. Nouwen  
From Fear to Love  
Lenten reflections on the Parable of the Prodigal Son  
This is a 6-week study  
Led by Selma Webster on-line, GoToMeeting  
Sunday, 9 am to 9:50 am, February 26 until April 2, 2023  
To obtain a study booklet, contact Selma Webster or  
the Trillium office**





## Pastor Mark's Musings

Dear Friends,

I heard the news that Hazel McCallion recently passed away. She was 101 years old. McCallion became famous as the mayor of Mississauga. She served in this role for thirty six years, from 1978 to 2014. When you read about her early years you realize what a humble background she came from. Born in the Gaspé as Hazel Journeaux, her father owned a small fishing and canning company while her mother looked after the family and ran the family farm. McCallion graduated from high school just before WWII and moved to Montreal to attend a secretarial business school.

McCallion was a free spirit from her first days. For one she played professional women's ice hockey during the 1940s earning \$5 per game. She desperately wanted to attend university but her family lacked the resources to send her there. Instead she worked avidly in the business world advancing up through the corporate ladder. McCallion married at thirty which was considered old for her time and had three children. In 1967 McCallion left the business world to devote her life to politics, first as a local leader and later as mayor.

The thing I remember most about McCallion was her indomitable spirit and her passion for living life to its fullest. Even as she aged her energy and commitment to service seemed unlimited. After she retired from politics McCallion accepted the role as Sheridan College's first chancellor and was instrumental in its bid to gain university status. McCallion served on the board of the Greater Toronto Airport Authority and was appointed as head of the Greenbelt Council advisory group until her untimely death. I think it is fair to say that Hazel McCallion never really retired!

One interesting feature of Hazel McCallion that often isn't reported was her passionate Christian faith. She was deeply religious. This religious frame was given to her by her parents. McCallion said, "My faith has always been an important part of my life from my earliest memory. My parents always emphasized the importance of having God in our lives and the responsibility we have to do God's work by helping others." A lifelong Anglican McCallion's form of religion was passed on to her from her family. Her

Christian faith was meant to be a way of life or lifestyle and not to be contained only for Sundays.

Hazel McCallion's journey into politics certainly challenged her Christian way of life. How to combine "the need for Christian charity with the constant slings and arrows of political fortune?" "It's difficult, yes, but, thankfully, this is where faith takes over and provides us with the strength we need to carry on," McCallion often used the old adage, "a successful person is one who can lay a strong foundation with the bricks that others throw" to keep herself grounded in living out her Christian faith in a topsy turvy world. As McCallion finished her last term as Mayor she reflected that, "if it weren't for my strong faith, I don't know where I would be. Politics is certainly not for the faint of heart, and it is through my strong faith that I can put things into proper perspective."

Being a political leader of a large, multicultural, multi-religious community like Mississauga meant that McCallion often faced tough, difficult and complex issues. She mentioned in an interview that her religious belief was an important touchstone in making complex decisions. "I often call on my faith when making difficult decisions. Putting ourselves in the hands of God provides us with an enlightened discernment about life decisions and helps to draw us closer to him."

I think Hazel McCallion lived a life of passion and devotion. She loved giving her utmost to his highest every step of the way. McCallion created an incredible legacy in the many ways she served her communities. She exemplifies the best of what it means to follow Jesus Christ in the service and care of others. Most importantly, perhaps, Hazel showed us that our aging is no barrier to living out the love of God that awakens and then lives through us. God bless you Hazel!

Your Friend in Christ,

Pastor Mark

## TRILLIUM UNITED CHURCH

Our Mission: *To awaken the Christ light in each other and shine it in the world!*

Pastor: Mark Rutledge  
Youth & Outreach: Heather Margerison  
Parish Nurse: Sally White  
Office Administrator: Jo-Anne Hennig  
Bookkeeper: Mandy Townsend  
Custodian: Steve Vargas

450 King St. E., Cambridge, ON N3H 3M9  
Telephone: 519-653-6601

Web: [trilliumchurch.ca](http://trilliumchurch.ca)

Email: [office@trilliumchurch.ca](mailto:office@trilliumchurch.ca)

Bookkeeper: [trilliumfinances@gmail.com](mailto:trilliumfinances@gmail.com)

You Tube: [youtube.com \(trilliumunitedchurch\)](https://www.youtube.com/trilliumunitedchurch)

### OFFICE HOURS:

Tuesday, Wednesday and Friday - 10 am to 3 pm

Our Vision: *Faith in Bloom: Growing, Thriving,  
Serving - Together in Christ*



## Members of Church Council

- **Chairperson:** Paul Reeve
- **Secretary:** David Webster
- **Adult Spiritual Growth:** Ruth Thompson
- **Children & Youth Ministry:** Brian Hershey
- **Financial Liaison:** Kevin Uebele
- **Generosity:** Co-Chair - Pam Noël
- **Ministry & Personnel:** Chair - Pauline Duchesne (Demelo)
- **Property:** Co-Chair - David Reed
- **Social Concerns & Outreach:** Co-Chair - Susan Balfour
- **Staff:** Pastor Mark Rutledge, Heather Margerison

## Other Teams

- **Board of Trustees:** Paul Mundy
- **Children & Youth Ministry:** Interim Chair - Brenda Higgins
- **Generosity:** Co-Chair - Karen Atkinson
- **Golden Years Worship:** Earlene Peshnak
- **Health & Wellness Team:** Interim Chair - Sally White
- **Marketing:** Ruth Thompson
- **Membership:** Joan Joyce
- **Property:** Co-Chair - Steve Jennings
- **Social Concerns & Outreach:** Co-Chair - Liz Reed
- **WOW:** Doug Stuart & Bobbi Stewart
- **Visitation:** Don Martin

## ROOTS & SPROUTS

*ROOTS & SPROUTS* is produced monthly from September to June by:

Trillium United Church

450 King Street E.

Cambridge, ON N3H 3M9

Editor: Jo-Anne Hennig

Send articles to: [office@trilliumchurch.ca](mailto:office@trilliumchurch.ca)

The deadline for the next issue of *ROOTS & SPROUTS* is

**February 22**

The issue will be available on March 3, 2023.