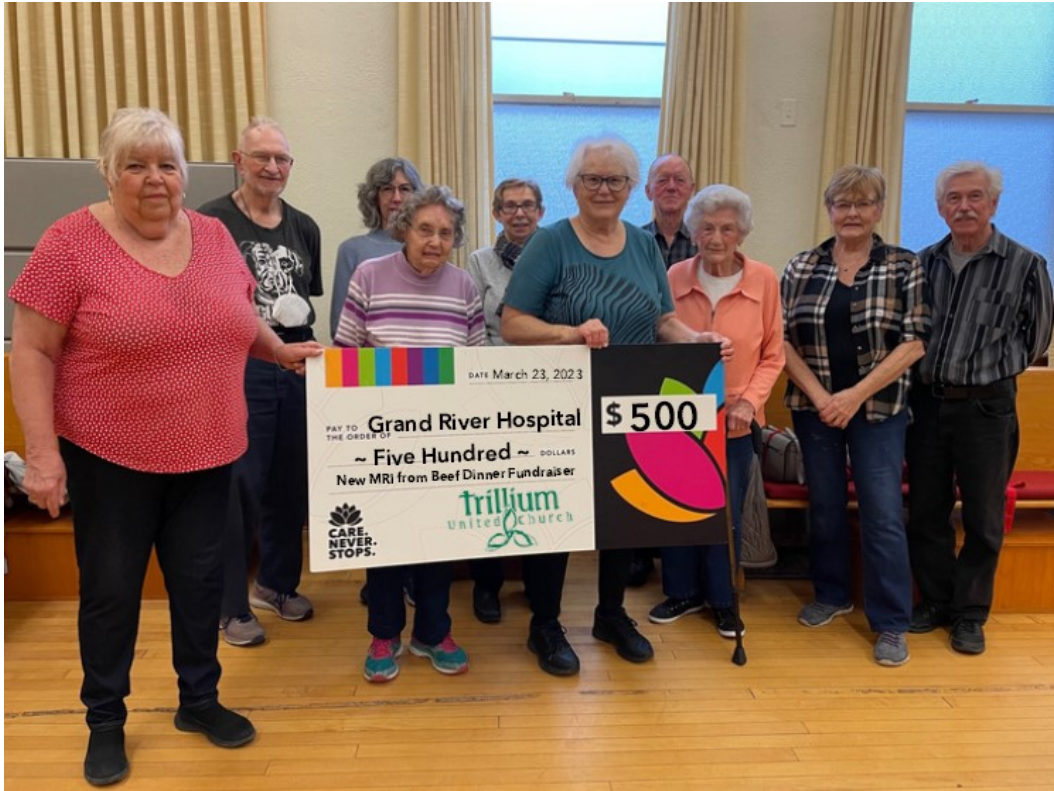


ROOTS & SPROUTS

Faith in Bloom: Growing, Thriving, Serving - Together in Christ

April 2023



A representative from Grand River Hospital came by Trillium to thank all those who headed up the Beef Dinner. The group donated \$500 towards the new MRI machine at Grand River Hospital!

Again, thank you to all the volunteers and those who purchased tickets. We really make a positive impact on our community!



Here are some photos of our birthday Sundays. Everyone enjoyed cake and fellowship.



Mission

To awaken the Christ light in each other and shine it in the world

Bedrock Beliefs

Through Jesus Christ our Savior, we believe:
God's Love: Unconditional
God's Power: Miraculous
God's Vision: Peace
God's Grace: Forgiveness
God's Assurance: Hope
God's Ways: Mysterious
God's Help Line: Prayer
God's Promise: We Are Not Alone
God's Hands: Us!

Core Values

Offer friendship and fellowship to all
Joyfully engage in regular spiritual practice
Uphold honesty and integrity
Reach out and serve others with kindness
Care for the earth and all creation
Give generously of our time and talent
Seek and give forgiveness
Embrace diversity
Speak out for justice

NOTICES/UPDATES

We wish all of those with birthdays in April a most blessed celebration.

Membership Committee



TIME, Talent & Treasure Auction

The Handy Bryans & Sams & Daves

Indoor or Outdoor Help at your Home

"God gave us time, talent and treasure and asked us to share them."

We will help move your furniture, down-size, do yard work, clean or paint! Try us out!

Minimum Bid/ Donation:
\$10 Per hour / Per helper

Contact:
Brian Hershey
519-658-6405



March 21st was Mark's birthday and the Knotter's had a cake to celebrate him. It's great to see so many smiling faces.



@trillium

Join Us For BGC

NOTE: Change of Date

Friday, April 21

7:30 - 11:30 pm

\$5 Admission for UNLIMITED play

Are you the missing piece to our puzzle?

Trillium Church Council needs you!

Come join a dynamic group of church members. Our Council helps guide the direction our church is taking and supports the Committees and Teams in their amazing efforts.

Currently vacancies exist in the Secretary and Vice Chair positions.

Please prayerfully consider applying for one of these positions.

Contact Paul Reeve or Pastor Mark if you are interested or have any questions.

Thank you for your consideration.



Elma, Sarah, Ryan, Aaron, Adain, Heather

March Paint Night

The **young adult group** got together for a paint night in March. Everyone had a great time making one-of-a-kind works of art.

Our next gathering is on April 23rd for a 'Games Day' following Sunday's coffee time. We will be meeting in the Trillium room. Please bring a bagged lunch and any favourite games you'd like to share with the group.

The young adults group is for 18-35 year olds.



Trillium United Church Women Spring Luncheon

Come and Enjoy
Salad with Vol-Au-Vents
Trio of Desserts w/coffee & tea
Wednesday, May 3, 2023
11:30am - 1:00pm
Cost \$18
Limited Tickets available at the church office or any UCW member

Proceeds to UCW Outreach Projects



450 King St.E. Cambridge, ON 519-653-6601



Trillium's Pancake Supper, February 2023

How pleased we were to attend this year's event. We invited family and were delighted to find the auditorium almost full! The sounds of people chatting and families enjoying the pancakes, with all the fixings, was a delight to partake in.

Trillium offered this as a free will offering. Those in the community who have supported us by attending our dinners and events for many years were able to take part in this special evening.

The proceeds went towards the children who our CYMT supports through World Vision.

A huge thank you to all the volunteers for this successful night!

Submitted by Sheila Matthews



Call as needed:

Earlene Peshnak 519-653-1553
Sheila Matthews 519-653-1286
Joanne Sarkisian 519-653-3955
Brian Hershey 519-658-6405
Sandra Daoust 519-219-0381
Harold Matthews 519-653-1286
Doug Stuart 519-653-0514

Interested in joining our prayer team? Call one of our members for information.



Cambridge Food Bank

Mobile Food Market

Fresh Produce Baskets in Your Neighbourhood Every Week!

Subsidized Rate \$5.00
CASH or TAP to Pay
Donations over \$10 allow us to keep the Market affordable for everyone

**Trillium United Church
450 King Street East
Every Tuesday
5pm- 6:30pm**

Weekly basket preview on our social media

    @Cambfoodbank

Everyone Welcome

For more information contact:
Patrick 519-622-6550 ext 206
mobilefoodmarket@cambridgefoodbank.org

Mobile Food Market runs every Tuesday, 5pm to 6:30pm. Remember, \$5 buys you a lot of fresh fruit and vegetables. This is run by the Cambridge Food Bank and anyone can participate. You can pay 3 ways; \$5 for your order; \$10 to cover food bank costs or \$20 to pay it forward.

We have approximately 50 people coming these days to purchase delicious food! Join in the benefits.

We look forward to seeing you there.



Community Support Connections

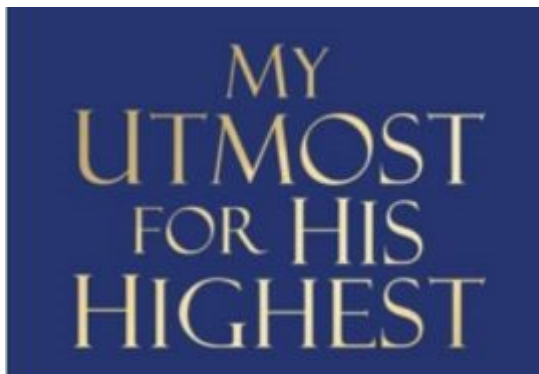
In Person Monthly Caregiver Support Session

Trillium United Church
450 King St East
Cambridge
Come in the side door

To register please contact
Linda Fleming
519-503-8155 or
lindaf@cscmow.org

**FIRST TUESDAY
OF THE MONTH
FROM
1 PM - 3 PM**

Share caregiver challenges and joys. Learn about self care and much more



Join us as we discuss and reflect upon the popular daily devotional, *My Utmost for His Highest*

Thursday afternoons, 4:45pm to 5:45pm

Please join the meeting from your computer, tablet or smartphone.

<https://meet.goto.com/120237085>

You can also dial in using your phone.

Canada: [+1 \(647\) 497-9373](tel:+16474979373)



Community of Faith Gathering

**All ages are welcome to this mid-week
plug-in and power-up your faith event.**

The Preston neighbourhood churches will offer this mid-week program once a month.
Each month the event will be at a different Church.

What happens at a “Power-Up” evening?

***Fellowship, *Fun, *Faith, *Food (and Free)**

We will begin the evening with a Bible story told through storytelling, a play, or puppetry, and sing some songs.

We will eat together with food provided by the hosting Church.

We will conclude the evening with crafts and activities.

When: April 12, 5:30pm-7:30pm

Where: Trillium United Church, 450 King St. E. Cambridge

Contact Heather Margerison (children and youth pastor) @ (519)-653-6601 ext.3 for more information



March Break Outreach for oneROOF Youth Services. Thank you Maral, Hannah, Mercy, Mira, Alexis, Dan, Brian, Beth, and Heather for helping to make 45 bag lunches for youth living on the street with no shelter. You make a positive difference in this world!



All Ages Puzzle Table

The children and youth have started a new initiative to bring the generations together.

A puzzle will be set up in the auditorium and is a welcome to anyone who would like to put a few pieces together to join in.

Our first puzzle (the one in the picture) was started during March break. Many hands helped to put it together.

We hope this small activity will encourage conversation, collaboration, and maybe even some laughter.

Save the date and save your treasures!

Trillium Church's Annual Garage Sale

Saturday, April 15, 2023

If you can help out, please speak to Liz Reed.



Community Support Connections

Exercise

Stay Active, Build Better Balance!

Join our FREE Gentle Exercise Classes



Drop in: No Registration Required
Bring Your Running Shoes and Water!
Everyone is Welcome, No Experience Necessary!

Wednesdays
at 1:00 PM
Starts November 30

Trillium United Church
450 King St E
Cambridge

Seated class options
and standing
balance to reduce falls!

Blessing Bag Ministry

Help! Our Blessing Bags need your continued support.



A big **THANK YOU** for all the donations to the **Blessing Bags**.

As we are entering spring there is still a need for hats, gloves, scarves & new socks. We continue to require travel-sized personal hygiene items, lip balm, conditioner, protein bars, individual packages of raisins, nuts or cookies along with crackers, bandages, wipes, and hand sanitizer to fill the bags.

Please take some bags and hand them out. God Bless, bch (Brian Hershey)

Social Concerns & Outreach

Special Easter Offering

Every spring SC&O decides which two charities Trillium will support through our Special Easter Offering. This year we have chosen:

Life & Work of Trillium: Fire Alarm Upgrade

Outreach: Support for the monthly dinners that Dini Coleman organizes for the low-income residents in the Kiwanis building on King Street in Cambridge.

Special Envelopes can be found on the table at the back of the sanctuary for cash or cheques. Credit cards are also accepted, as are e-transfers. Please make sure our bookkeeper knows how much you wish to donate to each of the two designations.



Submitted by: SC&O Team



On Wednesday, March 22, which was World Water Day, a special event was held at Trillium. Thank you to all of you who attended. We were pleased that a large number of people from outside our church were also interested in learning more about this precious resource.

We also thank our guest speakers, Bob Burt and Eric Hodgins for the vital information they shared with us in order to make us more aware of how vulnerable our water system really is, even in our own area.

Bob sold 19 copies of his book, *Water: Our Sacred Trust*. He informed SC&O that he is donating \$200 from these sales to the church. He made a few suggestions about where it might go, but asked SC&O Team to make the final decision. We will do so when our team meets later in April and will then inform the congregation.

Submitted by: SC&O Team



Health and Wellness Team

The team is busy planning events as part of the Community Wellness project which includes one-to-one support and advocacy by our Parish Nurse, Wellness Talks, and Personal Care Clinic. All these services are available to Trillium members *and* the wider community.

The first Wellness Talk, **Frauds and Scams: How to protect yourself**, was held at Trillium on March 15 with ninety-three people in attendance. Fifty-one attendees were from outside Trillium. A detective, a sixteen-year veteran with the Waterloo Regional Police Service, gave an informative and often alarming presentation about frauds and scams and tips to protect ourselves.

Frauds and Scams Highlights and Tips:

Grandparent scam: An older adult receives a phone call from someone posing as their grandchild, asking for bail money in cash, and that someone will come to the house for the money.

TIP: The police would never send someone to a house for bail money in cash.

Computer Compromise: An email or phone call claiming your computer has a virus and offering to help clean the virus, but they need remote access to the computer.

TIP: ALWAYS initiate the call for help with your computer.

Bank Scam: Call or email from someone claiming to be with your bank, may claim account has been compromised and ask you to update your profile or give credit card number. Email would ask you to click on a link.

TIP: DON'T Engage. Call your bank.

Romance Scam: Meet online with someone who presents as stable and employed but living elsewhere. May take many months to develop a relationship before they ask for a loan.

Identity Theft: This was added to the Criminal Code in 2011. Examples: Theft of your ID cards, hacking into your personal computer, theft of personal information from your garbage.

TIP: KEEP your social insurance card in a safe place, i.e. don't carry it with you. SHRED personal documents before putting them in the garbage.

Social Media (Facebook, Instagram, Twitter). Profile can be hacked and used to ask for money from your contacts.

TIP: DON'T link social media sites. USE different passwords. STORE passwords securely. CHANGE passwords often. Avoid "clicking" on facebook ads. ALWAYS go directly to the site.

Fraudulent Emails: Email from someone you know asking for a loan or gift cards.

TIP: CALL that person on the phone first.

CRA (Canada Revenue Agency) Scam: Caller claims to be with CRA, says you have unpaid taxes, and demands (aggressively) for immediate payment by credit card. This can also be an email with a demand for payment with a link to a fake CRA website.

TIP: Hang up / don't respond. Contact CRA directly.

Advance Payment Schemes: You are selling an item online (e.g. Facebook marketplace). Purchaser

sends a fraudulent cheque in excess of the price and asks you to refund of the difference. Those defrauded often lose the item they shipped and money. *(Sellers beware!)*

The team is busy organizing its next event, the first Personal Care Clinic.

Personal Care Clinic

❖ **Foot care: Experienced nurse (RN)**

❖ **Hair cuts: Experienced stylist/barber**

Pay as you can

Wednesday, April 19, 9:00 to Noon

Trillium United Church, 450 King Street East

***By appointment only:* Call Linda 519-895-0671**



Community Wellness Funding:

The project is partially funded. We have a grant from the United Church of Canada, Embracing the Spirit program. Trillium Council has dedicated some funds from the Seniors' Fund and from a recent undesignated bequest. The team is pursuing grants from other United Church programs to fully fund the project until January 31, 2024.

Parish Nursing at Trillium

Sally White, RN, Trillium's Parish Nurse is available to support adults in the church and the broader community.

Ways a Parish Nurse can help you:

- Navigating local health and support services
- Support after discharge from hospital
- Understanding your medications
- Interpreting medical advice or reports
- Spiritual support in challenging circumstances

Contact Sally at 519-653-6601 ext. 4, Monday-Friday or email - trilliumparishnurse@gmail.com

The Generosity Update

When Trillium was formed in 2005, through the combining of savings and the sale of two church buildings, a large savings account was formed called the Trillium Futures Fund (TFF). At its peak the TFF probably had \$1,200,000 in it. Trillium invested about half of this total to make the current building more accessible. Trillium also used money from the TFF to invest in extra staffing and programs. This has led to a decrease in our savings with the TFF sitting today at around \$400,000. There was agreement at Church Council that Trillium needed to be more judicious in using its savings going forward. As Kevin Uebele has mentioned, we want to stop raiding the “cookie jar” for our operating expenses.

At the 2023 Annual Meeting the issue of using the TFF was discussed in some detail. The question was how to keep growing Trillium without raiding the cookie jar. There were many good ideas offered at the Annual Meeting. Several of them are still being worked on by the Generosity Team. The 2023 budget was then approved. The 2023 budget is balanced (revenue equal with expenditures) and keeps programming and staffing at its current levels. As compared with 2022, the 2023 budget includes an 18% increase in congregational givings to support the operations of Trillium. In actual dollar terms, the 2023 budget grows congregational support from \$170,000 to \$200,000. With the extra \$30,000 Trillium will end the year with a balanced budget.

This is a big step up for Trillium. It will require the whole Trillium congregation pitching in. There is simply no way to get to our 2023 totals with only some of the congregation contributing. The simplest solution would be everyone at Trillium raising their financial support for the church by 18%. That would not be a fair approach though. Some people are already giving their financial best in supporting Trillium. Others have a lot of room to grow in their generosity to their church and can go beyond an 18% increase. There is no way for the Generosity Team to give a simple formula to the congregation.

What the Generosity Teams asks is that you prayerfully consider your level of financial support for Trillium. We think Trillium is worth your investment. We think we have an amazing church that has a real future. For the past 15 years we have been tilling the ground and planting seeds. This is the moment, in our estimation, for the whole congregation to join hands with the Risen Christ and push Trillium to a new energetic level. God is alive in our congregation and with the blessing of the Spirit we can make Trillium that Faith in Bloom community that we know in our hearts it can be. Come and join us in an amazing journey of faith.

Your Friends,

The Generosity Team



Adult Spiritual Growth

Faith in Film @ Trillium

For movie buffs who like spiritually significant films.
Watch the film and talk about its messages in our faith journey.



Saturday, April 22 @ 2pm
Trillium Sanctuary

GIFTED HANDS: The Ben Carson Story, 2009

Biography of Ben Carson who grew up to be Dr. Ben Carson, a world famous neurosurgeon at Johns Hopkins.

FREE!!! ALL WELCOME!!!

Optional: Bring movie snacks to share.

The March Faith in Film was *Mary Magdalene*

Did you know?

- Mary Magdalene is mentioned only two or three times by the Gospel writers.
- In 591, Pope Gregory declared her to be a prostitute.
- In 2016, the Vatican declared her an Apostle to the Apostles.

UPCOMING FAITH IN FILM DATES:

May 26 OR 27: *Rickshaw Girl*

Tuesday, June 20: *Peace by Chocolate* (for World Immigrant Awareness Day)

Heather's Hunches



Ever since I was a little girl awaiting the bagpipes to appear on the parade route, the beating of the drums and the enthusiasm of the crowd, I've loved parades.

So, at this time of year I am filled with excitement thinking about Jesus' triumphant entry into Jerusalem. People lined the streets waving palm branches, chanting hosanna, and throwing their garments and palms on the ground to welcome Him. What an incredible spectacle it must have been. The people had been waiting for a King to deliver them from oppression. They expected a political, military powerhouse that would free them from the Romans.

The man that rode into town on a donkey, not a stallion, was a Prince of Peace. Jesus came to teach that love, compassion, and grace would change the world not a world ruled with anger, physical power, or revenge.

Some in the crowd would have already experienced Jesus' teachings and known the kind of leader He was. Others lining the streets may have been struck by the simplicity of Jesus' entrance. They were probably saying to themselves, "Who is this guy? Where is the King and Deliverer we are expecting?"

How would you have reacted to Jesus' entrance on a donkey? I think of all of the parades I've attended. I think of the Blue Jays parade in Toronto after they won their second world series in 1993. I think of the Santa Claus parades I watched in my childhood (and later with my children) and many, many more. They all had one thing in common. They were loud and full of joy!

This is the experience Jesus wants us to have. He wanted the crowd to witness pure joy, pure love, and pure acceptance. I'm not sure how I would have reacted to a quiet, humble, gentle man entering Jerusalem on a donkey, but I'm so grateful He did. He set the tone and example for all of us to be the same.

Hosanna and Hallelujah! Praise God for all our blessings!

Heather Margerison (Children and Youth Pastor)

Pastor Mark's Musings

Dear Friends,

As I have mentioned before, when Albert Einstein published his ideas about General Relativity back in the early part of the 20th century his ideas were met with considerable resistance in the scientific community. In fact, a hundred reputable scientists wrote an open letter "condemning" his scientific proposals. It is interesting that a hundred or so years later Einstein's ideas around time, space and gravity now form part of our essential understanding of how the universe works. Interestingly, his critics, for the most part, have faded into the shadows of history. What was once a contrarian view has become mainstream understanding.

Think about the contrarians who have shaped our world. Nicholas Copernicus wrote his final treatise, *De revolutionibus*, claiming that the Earth circled around the Sun. Copernicus, in this work, overturned the prevailing view that the Sun circled the Earth and revolutionized our understanding of the universe and how it worked. Interestingly, *De revolutionibus* was not published until after Copernicus' death because he was deeply concerned about how the public would react. Contrarians are rarely welcomed in their own times it seems.

Back in his day Jesus was considered a contrarian of a certain kind. The Sermon on the Mount found in Matthew, chapters 5 to 7, forms a contrarian view of life. Jesus turns the Jewish law on its head. There are several examples where Jesus says something like "you've heard that it was said" and then offers the presumed way of thinking. He then continues, "but I tell you" and provides a contrarian view that goes far beyond and sometimes against the presumed expectations of his people.

So for instance Jesus says in Matthew 5:38-39,

"You have heard that it was said, 'Eye for eye, and tooth for tooth.' But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other cheek also."

Jesus then continues to explain his new way of thinking and understanding and its implications for life. He does this many times in the Sermon on the Mount and at

many points in his ministry. Time after time Jesus challenges the customs and mores of the Jewish people by moving the bar in a different direction.

Jesus didn't always win a lot of friends in high places by his contrarian perspective. In fact, he alienated very powerful people in his pursuit of God's purposes in life. Eventually this led to a final confrontation between Jesus and the religious and civil authority. It was because of this confrontation that Jesus was charged, convicted and executed. This sometimes happens to the contrarian doesn't it?

What makes Jesus a particularly interesting case in the study of the contrarian is that his primary argument to the world was that love should be the principal force that shapes human behaviour and conduct. Jesus insisted that any moral system that doesn't place love as the guiding principle is by nature wrong. Probably most powerfully, Jesus insisted that God is love. God creates and sustains by the power of love. Jesus proclaimed the Kingdom of God which is the Kingdom of Love. This love is given by God graciously to everyone. There is no privilege in the Kingdom of God except to love.

We seem to be living at a time when contrarian voices are reviled, condemned and often silenced. As history has taught us this is not unusual. In fact, this is probably the default way of living in the world. As followers of Jesus we are called to a life rooted in love. Where the world wants to polarize people into warring camps we take the contrarian view that says that the one who disagrees with us is, nonetheless, our neighbour, our brother or sister. This doesn't mean we have to agree on everything but it does mean that we commit ourselves to a civility that is rooted in the love that God has for everyone. This is not an easy walk in life to take. We often feel very passionate about specific issues or situations. The cross reminds us that we must be on guard to the easy step of taking our contrarian neighbour, whoever they may be, and making them into our enemy.

Your Friend in Christ,

Pastor Mark

TRILLIUM UNITED CHURCH

Our Mission: *To awaken the Christ light in each other and shine it in the world!*

Pastor: Mark Rutledge
Youth & Outreach: Heather Margerison
Parish Nurse: Sally White
Office Administrator: Jo-Anne Hennig
Bookkeeper: Mandy Townsend
Custodian: Steve Vargas

450 King St. E., Cambridge, ON N3H 3M9
Telephone: 519-653-6601

Web: trilliumchurch.ca

Email: office@trilliumchurch.ca

Bookkeeper: trilliumfinances@gmail.com

You Tube: [youtube.com \(trilliumunitedchurch\)](https://www.youtube.com/trilliumunitedchurch)

OFFICE HOURS:

Tuesday, Wednesday and Friday - 10 am to 3 pm

Our Vision: *Faith in Bloom: Growing, Thriving,
Serving - Together in Christ*



Members of Church Council

- **Chairperson:** Paul Reeve
- **Secretary:**
- **Adult Spiritual Growth:** Ruth Thompson
- **Children & Youth Ministry:** Brian Hershey
- **Financial Liaison:** Kevin Uebele
- **Generosity:** Co-Chair - Pam Noël
- **Ministry & Personnel:** Phil Hankins
- **Property:** Co-Chair - David Reed
- **Social Concerns & Outreach:** Brian Hershey
- **Staff:** Pastor Mark Rutledge, Heather Margerison
- **Worship:** Pauline Demelo

Other Teams

- **Board of Trustees:** Paul Mundy
- **Children & Youth Ministry:** Interim Chair - Brenda Higgins
- **Generosity:** Co-Chair - Karen Atkinson
- **Golden Years Worship:** Earlene Peshnak
- **Health & Wellness Team:** Interim Chair - Sally White
- **Membership:** Joan Joyce
- **Property:** Co-Chair - Steve Jennings
- **Social Concerns & Outreach:** Co-Chairs - Liz Reed & Susan Balfour
- **WOW:** Doug Stuart & Bobbi Stewart

ROOTS & SPROUTS

ROOTS & SPROUTS is produced monthly from September to June by:

Trillium United Church

450 King Street E.

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Editor: Jo-Anne Hennig

Send articles to: office@trilliumchurch.ca

The deadline for the next issue of *ROOTS & SPROUTS* is

April 26

The next issue will be available on May 5, 2023.