

# ROOTS & SPROUTS

*Faith in Bloom: Growing, Thriving, Serving - Together in Christ*

**Feb. 2024**



## Roast Beef Dinner 2024

Another successful dinner: 170 people were served a delicious meal as well as 40 helpers afterwards.

A grateful thanks to all our fabulous volunteers!

The evening was enjoyed by everyone!



## Mission

*To awaken the Christ light in each other and shine it in the world*

## Bedrock Beliefs

*Through Jesus Christ our Savior, we believe:*

**God's Love: Unconditional**

**God's Power: Miraculous**

**God's Vision: Peace**

**God's Grace: Forgiveness**

**God's Assurance: Hope**

**God's Ways: Mysterious**

**God's Help Line: Prayer**

**God's Promise:**

**We Are Not Alone**

**God's Hands: Us!**

## Core Values

*Offer friendship and fellowship to all*

*Joyfully engage in regular spiritual practice*

*Uphold honesty and integrity*

*Reach out and serve others with kindness*

*Care for the earth and all creation*

*Give generously of our time and talent*

*Seek and give forgiveness*

*Embrace diversity*

*Speak out for justice*

# NOTICES/UPDATES



We wish all of those with birthdays in February a most blessed celebration.

*Membership Committee*

## **TIME, Talent & Treasure Auction**

**The Handy  
Steves, Sams &  
Daves**

**Indoor or Outdoor  
Help at your Home**

"God gave us time,  
talent and treasure and  
asked us to share  
them."

**We will help move  
your furniture, down-  
size, do yard work,  
clean or paint!  
Try us out!**

**Minimum Bid/  
Donation:  
\$10 Per hour /  
Per helper**

**Contact:  
Brian Hershey  
519-658-6405**



## **Pancake Tuesday Supper**



**Tuesday, February 13, 2024**

**5:00—7:00 pm**

**Pancakes (including gluten free),**

**Sausage and dessert.**

**Free will Offering! (Pay what you can)**

**Proceeds go to the Children & Youth**

**Ministry Outreach**

**450 King St. E., Cambridge, Ontario**





On Saturday, January 13 we held a Guatemala fundraiser euchre tournament at Trillium. Because of the wintery weather, we considered cancelling but decided to take our chances and go ahead with the event. We had seven tables and 28 players. About twenty door prizes were handed out during the afternoon. This was mainly about having fun and no particular emphasis was put on winning or losing. We raised almost \$300 for the Guatemala mission. Snacks were provided by Valerie Theilking and Helen Martin. The event was originally planned for 2:00 PM to 4:00 PM but did run a bit longer. Nobody seemed to mind. Several people expressed an interest in having another euchre day, possibly in March. We will keep everyone informed.

Don Martin



**Join Us For Board Game Café**  
**Friday, February 2 - 7:30 - 11:30 pm**  
**\$5 Admission for UNLIMITED play**  
**Snacks available for purchase.**

Brian Hershey is collecting old Broadview/Observer magazines to donate to prisons. You can drop them off at the church or give to Brian directly.  
\*Please remove address labels. Thank you.



**PRINCESS FEATHER WITH LOTUS FLOWER aka Rachel's Quilt - A beautiful quilt by Helen Martin**

This quilt can be seen at the church in the sanctuary until February 16, 2024.

Helen's love of quilts is demonstrated in the quality of the finished product.

This particular quilt has an interesting story behind it which you can read in the upper auditorium. It is on the bulletin board with a photo of the quilt.

Helen started this project in 2008 and it was put into a box and became a Covid project which she finished in 2022.

Be sure to read the history of this lovely quilt.

**YOU ARE INVITED**

Please join us as we celebrate the marriage of Pauline Duchesne and Brian Potts.

All are welcome to attend the ceremony and/or the reception.



**The Wedding Ceremony**  
Saturday, February 17, 2024  
11 am

**Location:**  
Grand River United Church  
1585 Mohawk Rd.  
Ohsweken, ON

**The Reception**  
Saturday, February 17, 2024  
6-10 pm Open House

**Location:**  
Wave Maker Brewpub  
639 Laurel St.  
Cambridge, ON



**Hazel's Funeral**

Hazel Sitler was a leader at Trillium. She didn't lead with her words however; Hazel led with her actions and let her positive attitude guide others around her. Hazel will be truly missed in her family and church family.

So many came out to pay their respects and enjoy fellowship with Hazel's loved ones.





Exercise

**Stay Active, Build Better Balance!**

Join our FREE Gentle Exercise Classes



Drop in: No Registration Required  
Bring Your Running Shoes and Water!  
Everyone is Welcome, No Experience Necessary!

Wednesdays at 1:00 PM Starting September 13!	Trillium United Church 450 King St E Cambridge	Seated options and standing balance to reduce falls!
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Phone: (519) 772-8787  
Email: info@cscmow.org  
www.communitysupportconnections.org

The FREE CSC Exercise Group runs on Wednesdays at 1:00pm. All are Welcome!

**Blessing Bag Ministry**

Help! Our Blessing Bags need your continued support.



A big **THANK YOU** for all the donations to the Blessing Bags.

With the winter upon us, the need for warm hats, gloves, scarves and socks are needed. We continue to require travel-sized personal hygiene items, lip balm, conditioner, protein bars, individual packages of raisins, nuts or cookies along with crackers, bandages, wipes, and hand sanitizer to fill the bags.

Please take some bags and hand them out.

God Bless, bch (Brian Hershey)

Our Fundscrip cards are always available. Pick some up on Sunday after the service or come by the church during regular office hours.

These are a great way to help give back to Trillium as a percentage of each card goes to TUC.



**Call as needed:**

- Earlene Peshnak 519-653-1553
- Sheila Matthews 519-653-1286
- Joanne Sarkisian 519-653-3955
- Brian Hershey 519-658-6405
- Sandra Daoust 519-219-0381
- Harold Matthews 519-653-1286
- Doug Stuart 519-653-0514
- Jim Graham 519-650-2103



Interested in joining our prayer team? Call one of our members for information.



## Stone Church Bookstore News



So, what does John Lennon, Alistair MacLeod and Pastor Mark Rutledge have in common? The answer in a word is love.

The Beatles released the song *All You Need Is Love* in 1967 written by John Lennon, many of Mark's sermons are based on the same theme that Lennon put to music, and that MacLeod adopted in what is arguably his best book, *No Great Mischief* published in 1999.

*No Great Mischief* is a story about families and the ties that bind them. MacLeod picks up the story in 1779 when Calum MacDonald sets sail from the Highlands of Scotland and sets out for Cape Breton where the family settles in the land of trees. There the family grows and becomes almost a clan of its own.

The story is told through the eyes of Alexander MacDonald, who along with his sister, was raised by his grandparents. They do well and Alexander goes on to become a successful orthodontist and his older brothers go to the mines and develop expertise specializing in shaft mining.

While Alexander becomes a success, life wasn't always easy for the MacDonalds as one generation after the next scraped out a living in the Cape Breton woods, a long way from the homeland in Scotland.

MacLeod guides readers through the family's past recollecting stories of loggers, miners, drinkers and adventurers.

The last line of the book reads: "*All of us our better when we are loved*". It is a line that appears throughout the book and the message is the same as one that Mark frequently sends from the pulpit.

*No Great Mischief* was ten years in the making and won a number of literary awards including the International Dublin Literary Award in 2001. It was, and continues to be, one of my personal favourites.

*No Great Mischief* is one of thousands of books available at the Stone Church Bookstore. The store is open Sunday from 12 to 2 p.m. Sunday and again from 5 to 6 p.m. Tuesday. Our store has an ever-changing book list. Readers should keep in mind that we are planning another big book bonanza sale March 23 and 24 when the theme will be Celebrating the Spirit as we prepare for Easter Celebrations.

Submitted by: Bob Burt



## Guatemala Outreach Trip



# Health & Wellness Team



*Do you find it more difficult to get exercise during the winter? Please take note of the great opportunities to keep active at Trillium this winter.*

*Starting February 5, the Health and Wellness Team is pleased to offer "Move with Robert," a new opportunity for health-promoting exercise. This Monday afternoon class will focus on gentle exercise to support strength and balance.*

*Robert Fox is a long-time certified fitness instructor specializing in recent years on the fitness needs of older people. During the pandemic he started doing fitness videos and sharing them on youtube. He now has thousands of followers on his youtube channel. He is volunteering his time to provide this gentle exercise class at Trillium.*

*The exercise class offered by Community Support Connections continues on Wednesday afternoons and already has a good following from members and the community.*

## ***Move with Robert***

**Free Exercise Class** with  
**YMCA Certified Fitness Instructor**

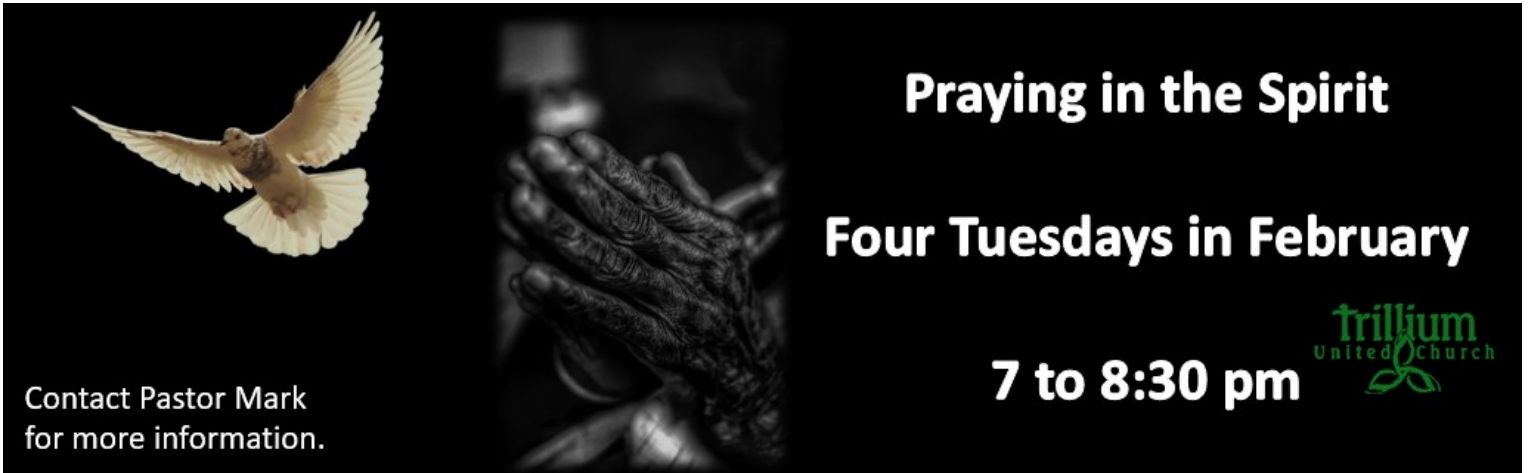


**Mondays 1 to 2pm, Starting February 5**  
**Trillium Upper Hall**

- \* Please arrive by 12:45**
- \* Wear exercise shoes/ Bring water**
- \* No registration required**



# Adult Spiritual Growth




**Praying in the Spirit**

**Four Tuesdays in February**

**7 to 8:30 pm**


Contact Pastor Mark for more information.



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## where Are You on the Generosity Path?

### Generosity Path



Doesn't really matter where you begin. What does matter is that you are heading in the right direction. Whether it is time, talent or treasure even taking a small step towards a life of full generosity can make a huge difference. So get moving!

The Generosity Team



A birthday cake celebration was enjoyed by the Knotter's group. They honoured Helen as she turned 82! Happy Birthday Helen .



# CYMT UPDATE

## Happy New Year!

2023 was a year of transition and adjustment for the Children and Youth Ministry. The Bible is filled with stories of change and transitions. The disciples each underwent their own change as they grew to be faithful followers of Jesus and then leaders of the early church. The changes the Children and Youth ministry has faced in the past year have created an atmosphere of growth: growth of the leaders, the children and youth, and the congregation as a whole.

I am extremely grateful for the opportunity to lead this very important ministry. God certainly works in ways we cannot understand. When I set out to get an education and begin a new career, I had a plan. I was to be a social worker in the geriatric field. I did not think that I would be working with youth in ministry. God saw a need and used me to fill that need. My growth is now ongoing as I learn to connect with the children and youth in our church family and the broader community while leading them to the light of Christ. In many ways, the children, youth, and young adults are leading me into the light that God wants me to see. I look forward to learning alongside the children and youth in the coming year as we all grow to be disciples of Christ.

This coming year, the children and youth will be focussing on getting to know the man named Jesus. We will strive to see him as a person – as a human man. God sent Jesus as a man to encourage us to have a relationship with God. The root of the word “relationship” is “relate”. Is God relatable? Does God have a sense of humour? Or perhaps God is empathetic and loving when we need a friend. There will be many opportunities to join the children and youth of the Trillium family on this journey of knowing. Please know that all are always welcome to join us and walk with us in our growth and change as we explore the living Kingdom of God.

Pauline Duchesne  
Children and Youth Pastor



## Pastor Mark's Musings

Dear Friends,

Climate Change is in the news a lot these days. Part of the reason for this is because we deal with weather every day of the year and weather is a derivative of climate. So, in one sense, it is inescapable. There is no way to avoid it. With that being said, I notice that there is a tendency today to conflate one to the other and make weather and climate the same thing. I see news articles that extrapolate every major weather event back to climate change. But climate is not weather. Most climatologists study climate over decade, century or even millennia intervals. The reason for this is that there is immense variability in the weather and it would be easy to mistake this variation for longer term trends. In fact, this is probably the biggest challenge in climate research. Being able to extract out weather variability in order to observe the climate data that lays underneath it.

Earth has been slowly warming over the past 10,000 years since the last Ice Age and it is likely to continue warming for the next 20 or 30,000 years. This has to do with the Milankovitch (Orbital) Cycles that describe the variation in the Earth's orbit around the Sun. More specifically, Milankovitch studied three elements of Earth's journey around the Sun.

The shape of Earth's orbit, known as eccentricity; The angle Earth's axis is tilted with respect to Earth's orbital plane, known as obliquity; and the direction Earth's axis of rotation is pointed, known as precession.

It turns out that there is a small, but significant variation in the journey that the Earth takes around the Sun. The orbit changes slightly and Earth wobbles a bit as it moves. Who could have known? This variation, while small, can have a huge impact on climate and weather. How big? Well, 10,000 years ago Cambridge, Kitchener and Guelph were under a kilometer of ice.

Climate study has to take the Milankovitch Cycles into consideration as it attempts to understand how climate changes and evolves. There is another important consideration in current climate studies that is being seriously researched. How sensitive is the climate to Carbon Dioxide (CO<sub>2</sub>)? Or how big an impact does CO<sub>2</sub> have on climate. Is the impact small or large? If the Climate has a low sensitivity to CO<sub>2</sub> then it means that the Earth warms very slowly as CO<sub>2</sub> levels increase. It means we don't really have a problem. If the Climate has a high sensitivity to CO<sub>2</sub> then it means that the Earth warms very quickly as CO<sub>2</sub> levels increase. That means we have a large problem. The consensus view today

is that the climate sensitivity to CO<sub>2</sub> is moderate which means that climate sensitivity isn't so low that CO<sub>2</sub> levels should be ignored, but it's also not so high that there is no hope for the planet's recovery.

It is important to understand that in order to get the consensus view scientists had to narrow the range of estimates. The fact is there are plausible scenarios with respect to climate sensitivity to CO<sub>2</sub> at both ends of the spectrum and we don't know which of the various scenarios, low, medium or high is the correct one. Remember, when people argue today about climate change it is usually an argument about climate sensitivity. That is the only major issue under discussion today with respect to climate.

I think the issues surrounding climate change point to a fundamental human dilemma. How do people deal with risk? How do people deal with uncertainty? We tend to have two distinct ways of responding to risk and uncertainty. There is a strong tendency in us, on the one hand, to procrastinate and deny it. On the other hand, there is a strong tendency in us to turn risk and uncertainty into catastrophe. This turns risk and uncertainty into an all or nothing proposition. No problem, huge problem. I recognize this pattern around me all the time. I can recognize this predilection at work in me and in others I love too. Sometimes we respond too quickly to situations and at other times we respond too slowly or not at all.

How do you deal with risk and uncertainty in life? And how, specifically, should a follower of Jesus Christ deal with risk and uncertainty? I don't have any easy answers for you on this. I do think that dealing well with risk and uncertainty as a follower of Jesus means that prayer becomes an important part of our lives. We need divine guidance in dealing with the various scenarios that come before us because in many cases they don't lend themselves to easy analysis. I think we need to be vigilant with ourselves with respect to our tendency to either deny risk and uncertainty or catastrophize it. Tempering our own instincts and inviting God's Spirit into our hearts can give us the right perspective in guiding our proper response to life's risks and uncertainties.

Your friend in Christ,

Mark

## TRILLIUM UNITED CHURCH

Our Mission: *To awaken the Christ light in each other and shine it in the world!*

Pastor: Mark Rutledge  
Youth & Outreach: Heather Margerison  
Parish Nurse: Sally White  
Office Administrator: Jo-Anne Hennig  
Bookkeeper: Mandy Townsend  
Custodian: Steve Vargas

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Email: [office@trilliumchurch.ca](mailto:office@trilliumchurch.ca)  
Bookkeeper: [trilliumfinances@gmail.com](mailto:trilliumfinances@gmail.com)  
You Tube: [youtube.com \(trilliumunitedchurch\)](https://youtube.com/trilliumunitedchurch)

### OFFICE HOURS:

Tuesday, Wednesday and Friday - 10 am to 3 pm

Our Vision: *Faith in Bloom: Growing, Thriving, Serving - Together in Christ*



## Members of Church Council

- **Chairperson:** Paul Reeve
- **Secretary:** Vacant
- **Adult Spiritual Growth:** Ruth Thompson
- **Children & Youth Ministry:** Brian Hershey
- **Financial Liaison:** Kevin Uebele
- **Generosity:** Co-Chair - Pam Noël
- **Ministry & Personnel:** Phil Hankins
- **Property:** Co-Chair - David Reed
- **Social Concerns & Outreach:** Brian Hershey
- **Staff:** Pastor Mark Rutledge, Interim Youth Pastor - Pauline Duchesne
- **Worship:** Vacant

## Other Teams

- **Agape Connections Team:** Selma Webster
- **Board of Trustees:** Paul Mundy
- **Children & Youth Ministry:** Interim Chair - Vacant
- **Generosity:** Co-Chair - Karen Atkinson
- **Golden Years Worship:** Earlene Peshnak
- **Health & Wellness Team:** Interim Chair - Sally White
- **Membership:** Joan Joyce
- **Property:** Co-Chair - Steve Jennings
- **Social Concerns & Outreach:** Co-Chairs - Liz Reed & Susan Balfour
- **WOW:** Doug Stuart

## ROOTS & SPROUTS

*ROOTS & SPROUTS* is produced monthly from September to June by:

Trillium United Church

450 King Street E.

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The deadline for the next issue of *ROOTS & SPROUTS* is

**February 23**

The next issue will be available on March 1, 2024.